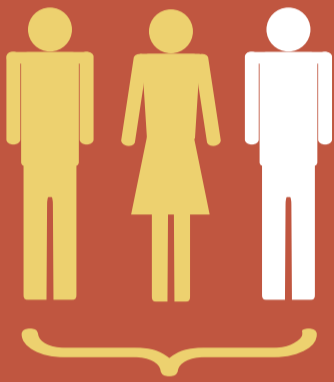


Your family doctor

Invaluable to your health

How's your health?



Two out of three people have at least three or more risk factors for heart disease, diabetes or chronic kidney disease



Almost one in three Australians over the age of 45 has a chronic disease

Talk to your family doctor



About:

- + Achieving a healthy lifestyle
- + Treatment plans for chronic disease
- + Mental wellbeing
- + Men's and Women's health

Your family doctor can advise on:

- + Health care screening
- + Immunisations
- + Injury management and minor surgery
- + Advance care planning

Benefit of having a family doctor



According to the World Health Organisation, countries with a strong GP-led primary care system have:

- + **Lower** rates of ill-health
- + **Better** access to care
- + **Lower** rates of hospital readmissions
- + **Less** use of emergency services
- + **Better** detection of adverse effects of medication interventions

For more information visit:

ama.com.au/family-doctor-week-2016

#amafdw16



**AMA Family
Doctor Week 2016**

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