

JDC

JUNIOR DOCTOR CONFERENCE
CAIRNS



REGISTER NOW



ama.com.au/qld/events/JDC2024

Sat 8 – Sun 9 June 2024

Crystalbrook Riley Hotel

Platinum Sponsor

Cairns and Hinterland
Hospital and Health Service

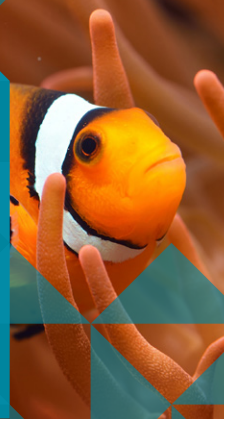
Platinum Partner

**Cutcher
& Neale**
ACCOUNTING AND FINANCIAL SERVICES

Conference Partner



NORTHERN QUEENSLAND
REGIONAL TRAINING
HUBS



▶ Saturday conference program: 8 June

- 8.30am – 9am** Registration, tea and coffee with trade exhibitors
- 9am – 9.10am** Welcome to Country
- 9.10am – 9.20am** Welcome and housekeeping
▶ **Dr Elise Witter** – Chair, AMA Queensland Committee of Doctors in Training
- 9.20am** Platinum sponsor – Cairns Hospital and Health Service
▶ **Dr Renee Cremen** – Director, Medical Services Babinda
- 9.30am** Keynote speaker
▶ **Prof Caroline de Costa** – First woman to become a Professor of Obstetrics and Gynaecology in Australia, has worked in remote communities and PNG, and is a prominent author and advocate for Indigenous health equity and women's health.
- 10am** The world's oldest telehealth service, moving into the future!
▶ **Dr Katrina Starmer** – Emergency Physician and GP, RFDS
- 10.20am – 10.40am** Panel with keynote speakers – opportunities in medicine Q&A
- 10.40am – 11am** Morning tea – sponsored by Hillhouse Legal Partners
- 11am – 11.15am** Free legal advice Q&A with Hillhouse Legal Partners – Bronze sponsor
▶ **Mr Robert Lamb** – Director, Hillhouse Legal Partners
▶ Should I get a will? And when?
▶ When might you need a Lawyer?
▶ How can Hillhouse legal partners help junior doctors?
▶ What services do you offer?
- 11.15am – 12 noon** Breakout sessions (two x 20 min sessions – choose two out of three topics)
- Topic 1: Doctors' Health in Queensland – How to handle the unexpected: What to do when your mind goes blank**
▶ **Dr Robert Nayer** – Director, Doctors' Health in Queensland
The presentation will cover basic aspects of crisis resource management, and how to perform at a high level during stressful situations. The goal is for attendees to identify strategies for coping with unexpected situations at work, particularly in emergency departments or ward call shifts when they may be the first, or only doctor at the bedside.
- Topic 2: ACRRM – Learn more about Rural Generalism**
▶ **Dr Jarrod Bowditch** – FACRRM
▶ **Dr Carolyn Belonogoff** – current registrar doing ACRRM training
ACRRM is a general practice college which provides training, certification, and professional development for rural general practice. As the only College in Australia dedicated to rural and remote medicine, we play an important role in supporting students and junior doctors considering a career as a Rural Generalist. We are committed to delivering sustainable, high-quality health services to rural, remote, and Aboriginal and Torres Strait Islander communities.
Learning outcomes:
▶ Learn and ask questions about ACRRM training, mentoring and potential career opportunities
▶ Hear what life is like as a GP in a rural area of Australia (what we call a Rural Generalist)
▶ Learn why all Rural Generalists are GPs but not all GPs are Rural Generalists

Topic 3: Cutcher & Neale – Transform your financial future

- ▶ **Mr Sav Angi** – Partner, Cutcher & Neale
- ▶ **Mr Josh Holt** – Credit Advisor, Cutcher & Neale

Join finance experts from Cutcher & Neale for actionable tips and tricks to make your money work for you and set yourself up for financial success!

- ▶ Unlock the path to property: Strategies to make your dream home a reality
- ▶ Assets vs shares: Where should you be investing now?
- ▶ Supercharge your retirement: Learn how to maximise your superannuation

Don't miss this opportunity packed with valuable insights, personalised advice and strategies for you to take control of your financial future.

12 noon – 1pm

Lunch

1pm – 2.20pm

Breakout sessions (two sessions x 40 mins each, choose two out of four topics)

Procedural skills sessions

Topic 1: Airway – Dr Robert Nayer

Topic 2: Ultrasound guided cannulation – Dr John Inderhaug

Practical skills sessions

Topic 3: End of life discussion including ARP – Dr Nick Yim

Topic 4: Speaking up, graded assertiveness – Dr Emma Hodge

2.20pm – 2.50pm

Practicing medicine sustainably

- ▶ **Dr Elise Witter**

2.50pm – 3pm

AMA Queensland award presentations

3pm – 3.30pm

Afternoon tea and raffle prizes

3.30pm – 5pm

Speed dating the specialities

The best thing about this conference is that there is something for everyone. Are you unsure how to go from junior doctor to specialist?

Come and hear from the doctors who have taken the pathway to training with the **'Speed dating the specialties'** session. Learn from their experience applying and progressing to their chosen field as they share their journeys and tips in brief 10-minute sessions. When time is up, swap onto the next specialty and **have all your questions answered!**

- ▶ **Dr Nick Yim** – General Practitioner (GP)
- ▶ **Dr Robert Nayer** and **Dr John Inderhaug** – Emergency Medicine (ED)
- ▶ **Dr Sarah Coll** – Orthopaedics
- ▶ **Dr Claire Allan** and **Dr Kaylin Hooper** – Psychiatry
- ▶ **Dr Erin Norman** – Paediatrics
- ▶ **Dr Gordon Goh** – ICU
- ▶ **Dr Bryn Rohdman** – Rural Generalism (ACRRM)
- ▶ **ADF Careers** – Australian Defence Force

More speakers to come!

6pm – 8pm

Social Function: Hemingways Brewery

Includes beer tasting paddle or two drinks, with wood oven pizza.

▶ Sunday social program: 9 June

8.45am – 9.45am

Breakfast with trade exhibitors at the Cairns Reef Terminal

10am

Boarding pass

10.10am

Board Quicksilver boat for the day at the Great Barrier Reef

12.30pm

Arrive at Reef Pontoon

Semi-submersible tours commence
Free time on pontoon for water activities

1pm – 2.30pm

Buffet lunch begins

2.50pm

Afternoon tea served

3.20pm

Re-board for passenger safety count

5.30pm

Return to Cairns