Where will your career pathway take you?

AMA QUEENSLAND

CAREERS

VEDI

Saturday 9 March 2024

Voco Brisbane City Centre

AM session: 10am – 2pm PM session 1.30pm – 5.30pm





Platinum partner and silver sponsor:









Legal partners





Supporting Queensland Doctors Creating Better Health

Come see us on the AMA Queensland Booth #1 and #2

Visit our booth to talk to our Membership Team, ASMOFQ, and our committees and working groups.

- FREE Watermelon Water ALL DAY! If you are not a member come to our booth for a healthy treat and let us tell you the benefits of why you should join today.
- Students join AMA Queensland for FREE.
- Become a paid member to go in the draw to win **FREE membership for 1 year**.
- Raffle prize: 2 x tickets to the Dinner for the Profession and 2 x tickets to the Junior Doctor Conference in Cairns. Prizes drawn 1pm main stage and 4.30pm networking drinks.



Come see our committees and working groups on **Booth #2**

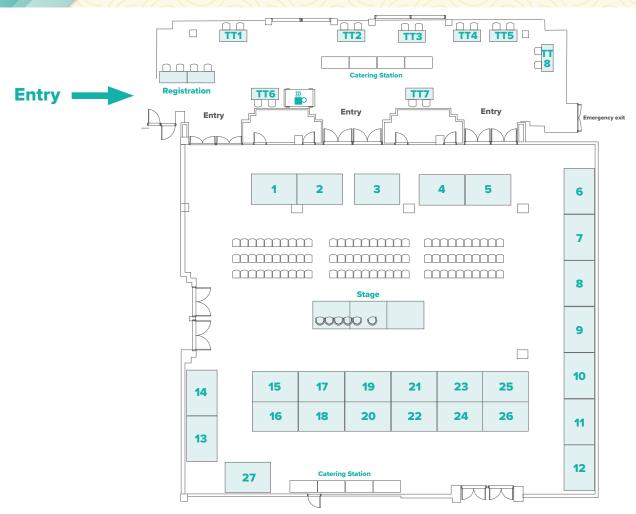


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Expo floor

AMA QUEENSLAND

CAREER



| Booth Number | Category | Company |
|-----------------|-------------|------------------------------------------------------------------|
| 1 and 2 | Association | AMA Queensland and ASMOFQ |
| 3 | Association | Doctors' Health Fund |
| 4 | Legal | Hillhouse Legal Partners |
| 5 | Finance | Cutcher & Neale |
| 6 | Insurance | MDA National – Medical Indemnity Insurance |
| 7 | College | The Royal College of Pathologists of Australasia |
| 8 | College | Australasian College for Emergency Medicine |
| 9 | College | The Royal Australian and New Zealand College of Psychiatrists |
| 10 | College | The Royal Australian College of General Practitioners (RACGP) |
| 11 | College | ACRRM (Australian College of Rural and Remote Medicine |
| 12 | Recruitment | ADF Careers |
| 13 | Hospital | Metro North Health |
| 14 | Hospital | South West Hospital and Health Service |
| 15 | Hospital | Mater |
| 16 | Hospital | Central Queensland Hospital and Health Service |
| 17 | Hospital | Mater |
| | | |

| Booth Number | Category | Company |
|-----------------|-------------|---------------------------------------------------------------|
| 18 | Hospital | Darling Downs Health |
| 19 | Hospital | Wide Bay Hospital and Health Services |
| 20 | Hospital | Metro South Health |
| 21 | Hospital | Cairns Hinterland Hospital and Health Services |
| 22 | Hospital | Townsville Hospital and Health Services |
| 23 | Recruitment | Medusa Health Care |
| 24 | Hospital | Gold Coast University Hospital |
| 25 | Finance | Inspire Realty – Buyers Agents |
| 26 | Recruitment | Queensland Rural Generalist Pathway |
| 27 | Hospital | Ramsay Health Care |
| TT1 | Government | Ahpra – Australian Health Practitioner Regulation Agency |
| TT2 | Association | Doctors' Health in Queensland |
| TT3 | Recruitment | Standout Medical Careers |
| TT4 | College | RFDS – Royal Flying Doctor Service |
| TT5 | Government | Workcover |
| TT6 | Recruitment | UQRCS – The University of Queensland Rural Clinical School |
| TT7 | Insurance | Avant – Medical Indemnity Insurance |
| TT8 | Recruitment | JCU – Northern Queensland Regional Training Hubs |



What did you think? We would love to hear your feedback...



Program

| AM Session | | | | | | |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 9am | Registration Trade Exhibitors | | | | | |
| 10am | Registration AM Session: Collect program, name badge and a delegate bag 100 complimentary barista coffee vouchers for AM Session thanks to University of Queensland | | | | | |
| 10am – 10.30am | Morning tea | | | | | |
| 10.30am – 11am | Recruitment Panel: What opportunities are out there? Queensland Rural Generalist Pathway: Dr Claudia Collins – Rural Generalist Training Advisor Standout Medical Careers: Anita Fletcher – Managing Director, Standout Medical Careers ADF Careers: Alex Leedham – Squadron Leader, Royal Australian Air Force Central Qld Hospital and Health Service: Professor Pooshan Navathe – Executive Director, Medical Services Darling Downs Health: Dr James Ware – Director, Medical Services, Southern Metro North Health: Dr Elizabeth Rushbrook – Chief Medical Officer | | | | | |
| 11am – 11.45am | College Panel: Speed dating the specialties RANZCP: Dr Noori Dhaliwal – Senior Registrar, The Prince Charles Hospital and Dr Nicola Campbell – Psychiatry Trainee RACGP: Dr Yan Lee – Hospital Liaison Officer/Regional Medical Educator RCPA: Dr Jack Garland – Forensic Pathologist Royal Flying Doctor Service: Dr Caroline Yates – Medical Education Lead QLD – Royal Flying Doctor Service | | | | | |
| 11.45pm – 12.30pm | Hospitals Panel: Why work for us Wide Bay Hospital and Health Service: Dr John Inderhaug – Director, Clinical Training, Hervey Bay Hospital Cairns Hinterland Hospital and Health Service: Dr Lauren Moses – Medical Administration Registrar Metro South Health: Dr Thuy Pham – Deputy Director, Medical Services, Logan and Beaudesert Health Service Gold Coast Hospital and Health Service: Sacha A'Bell – Director Medical Workforce Services, Gold Coast Hospital and Health Service Townsville Hospital and Health Service: Dr Alisha Thomson – Medical Administration Registrar Mater: Dr Maureen Dingwall – Neonatologist and Director of Clinical Training at Mater Hospital, South Brisbane | | | | | |
| 12pm – 1.30pm | Lunch available from catering station | | | | | |
| 12.30pm – 1pm | Silver Sponsor – Cutcher & Neale Presentation: Don't let your finances flatline Do your finances need some urgent care? We've got the paddles! Feel the electricity in the air as we reveal the steps to long-term financial health and the habits that will help set your up for life. What you will learn: Tax optimisation strategies Financing your first home Investment opportunities Tax and business structuring Wealth creation and protection Cutcher & Neale: Sav Angi – Partner and Josh Holt – Credit Advisor | | | | | |
| 1pm – 1.30pm | Panel: Financial and legal advice to set you up for life! Cutcher & Neale: Sav Angi – Partner, Josh Holt – Credit Advisor Doctors' Health Fund: Pierre Citta – Business Development Manager Hillhouse Legal Partners: Robert Lamb – Director Inspire Realty: Colin Lee – Founder and CEO | | | | | |

Program is subject to change by the AMA Queensland Events Team.



What did you think? We would love to hear your feedback...



1.30pm – 2pm

Wellness Panel: Finding your career pathway – hosted by Doctors' Health in Queensland (DHQ) Both AM and PM attendees are encouraged to join this session

Have you decided what specialty you want to get into? What if you don't get in?! What could you do if you are faced with this? What support is out there?

Medical students and doctors face many challenges in the profession, including choosing a specialty, the highs and lows of medicine, while juggling work and day-to-day life. Come join the experienced panel where we discuss how to maintain your health, identify the supports available and how to manage difficulties along the way.

Dr Nick Yim – Vice President, AMA Queensland
 Dr Robert Nayer – Senior Medical Officer, Mount Isa Base Hospital (speaking on behalf of Doctors' Health in Queensland)
 Dr Hashim Abdeen – Rheumatologist and Medical Administration Trainee (speaking on behalf of Ahpra)
 Dr Ira van der Steenstraten – Psychiatrist-turned-professional-coach (speaking on behalf of Doctors'

PM Session

Health in Queensland)

| 1.30pm | Registration PM Session: Collect program, name badge and a delegate bag 100 complimentary barista coffee vouchers for PM Session thanks to University of Queensland | | | | |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| 2pm – 2.30pm | Afternoon tea | | | | |
| 2pm – 2.45pm | College Panel: Speed dating the specialties RANZCP: Dr Noori Dhaliwal – Senior Registrar, The Prince Charles Hospital, Dr Nicola Campbell – Psychiatry Trainee RACGP: Dr Yan Lee – Hospital Liaison Officer/Regional Medical Educator RACMA: Professor Alan Sandford AM – Director, Rural Medical Pathway – Wide Bay Hospital and Health Servic RCPA: Dr Jack Garland – Forensic Pathologist Royal Flying Doctor Service: Dr Caroline Yates – Medical Education Lead QLD – Royal Flying Doctor Service | | | | |
| 2.45pm – 3.30pm | Hospitals Panel: Why should you work at these hospitals? Wide Bay Hospital and Health Service: Dr John Inderhaug – Director, Clinical Training, Hervey Bay Hospital Metro South Health: Dr Rachel Wong – Acting Deputy Director Medical Services, Logan and Beaudesert Hospital Gold Coast Hospital and Health Service: Sacha A'Bell – Director Medical Workforce Services, Gold Coast Hospital and Health Service Cairns Hinterland Hospital and Health Service: Dr Lauren Moses – Medical Administration Registrar Townsville Hospital and Health Service: Dr Alisha Thomson – Medical Administration Registrar Mater: Dr Maureen Dingwall – Director of Clinical Training, Mater Hospital, South Brisbane | | | | |
| 3.30pm – 4pm | Recruitment Panel: What opportunities are out there?Queensland Rural Generalist Pathway: Dr Claudia Collins – Rural Generalist Training AdvisorStandout Medical Careers: Anita Fletcher – Managing Director, Standout Medical CareersADF Careers: Alex Leedham – Squadron Leader, Royal Australian Air ForceCentral Queensland Hospital and Health Service: Professor Pooshan Navathe – Executive Director,Medical ServicesMetro North Health: Dr Elizabeth Rushbrook – Chief Medical Officer | | | | |
| 4pm – 4.30pm | Panel: Financial and legal advice to set you up for life! | | | | |
| | Cutcher & Neale: Sav Angi – Partner, Josh Holt – Credit Advisor Doctors' Health Fund: Pierre Citta – Business Development Manager Hillhouse Legal Partners: Robert Lamb – Director Inspire Realty: Colin Lee – Founder and CEO | | | | |
| 4.30pm – 5.30pm | Networking drinks and canapés with delegates, speakers and exhibitors from the <i>Medical Careers Expo</i> | | | | |
| 5.30pm | Event finishes | | | | |
| | | | | | |



QUEENSLAND 2024 events calendar





April

Cutcher & Neale Seminar Series: Property and Finance – Thursday 11 April



July

AMA Queensland Foundation Charity Event -Brisbane



October

- Women in Medicine Breakfast Brisbane -Thursday 17 October
- Cutcher & Neale Seminar Series: Insurance -Thursday 24 October



May

- Cutcher & Neale Seminar Series: Property & Finance – Thursday 9 May
- ▶ AGM and Dinner for the Profession – Friday 24 May – Brisbane



June

- Member Networking Event Cairns – Wednesday 5 June
- Women in Medicine Breakfast Cairns -Thursday 6 June
- Junior Doctor Conference Cairns - Saturday 8 and Sunday 9 June
- Member Networking Event Sunshine Coast -Friday 21 June



August

AMA National Conference Gold Coast - 2 to 4 August - Gold Coast Convention Centre



November

Member Networking Event Brisbane – Thursday 7 November



September

Annual Conference Athens, Greece -15 to 21 September



December

Intern Workshops: Brisbane – 3 December Gold Coast – 5 December Townsville – 14 December

Visit the AMA Queensland website to more information about our 2023 events: ama.com.au/qld/events



We're taking the AMA Queensland *Junior Doctor Conference* to North Queensland in June.

JDC encourages junior doctors and medical students to engage and be inspired.

50 Free Conference Packages

Calling all junior doctors and medical students! We understand the financial constraints of starting your career, which is why we're thrilled to announce the generous support from **Cutcher & Neale** and **Cairns Hospital and Health Service**. Thanks to their Platinum Partnership, we are excited to offer **50 sponsored packages valued at \$450 each**, covering your conference attendance, catering, and a fantastic Saturday night social at **Hemingway's Brewery Cairns Wharf**.

Join us at the Junior Doctor Conference and discover the professional and lifestyle opportunities awaiting you in tropical north Queensland. Don't miss this chance to network, learn, and experience the best of what our region has to offer!

Register via the event webpage to claim your sponsored conference package. Contact **registrations@amaq.com.au** if you need help.

Read the sponsored delegate terms and conditions on the website. Accommodation is not included in this package. Crystalbrook will be offering a discount of 15% at their three Cairns hotels – check the website for details. If you require assistance booking flights, accommodation or tours contact our travel partner Orbit World Travel: 07 5556 7200 or amaq@orbittravel.au.

Who should attend

- Interns
- Doctors in training
- Medical students

Cost

| _ | | |
|---|-----------------------------------|-------|
| | Sponsored delegate (50 available) | Free |
| | AMA QId member | \$198 |
| | Non-member | \$395 |
| | Student | \$99 |

Event Date

Saturday 8 June to Sunday 9 June 2024

Location

Crystalbrook Riley Hotel 131/141 Esplanade, Cairns City

Event times

| Saturday | Conference: 9am – 5pm | | | | |
|----------|----------------------------------|--|--|--|--|
| | Social function: 5.30pm – 7.30pm | | | | |

Sunday Conference: 9am – 1pm

Contact

- Questions regarding registration: registrations@amaq.com.au or 07 3872 2222
- AMA Queensland membership: membership@amaq.com.au





ama.com.au/qld/events/JDC2024





























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Practice service entities



Medical practice structuring



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Tax deductible debt strategies



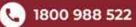
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Estate planning



Finance solutions





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Let's chat!

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*Terms and conditions apply, visit **mdanational.com.au/member-benefits/our-industry-alliances**.

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DOCTORS' HEALTH in OUEENSLAND

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We are experienced in supporting doctors through their full career lifecycle, from your internship through to establishing and building a practice through to winding down or selling your practice or group, and all stages in between.

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Keen to stay in touch? Scan the QR code to join our mailing list to receive regular updates and case studies.







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Queensland Rural Generalist Pathway

For more than 16 years, the Queensland Rural Generalist Pathway in collaboration with our training partners has proudly provided innovative and supported Rural Generalist training opportunities.

If a career as a Rural Generalist excites you,

the Queensland Rural Generalist Pathway offers both undergraduate and postgraduate entry opportunities to join the Pathway, and a casual career advice service to support medical officers with a rural career interest.



Get in touch to see how we can help you in your rural medicine journey.











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Anita Fletcher Founder | Managing Director BA DipEd (USyd) DipHRM

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Metro South Health is made up of five hospitals: Princess Alexandra Hospital, QEII Jubilee Hospital, Logan Hospital, Beaudesert Hospital and Redland Hospital. We also have a number of community-based facilities on Brisbane's Southside. We were Australia's first digital health service.

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Photos courtesy of Tourism Tropical North Queenslan

Queensland Government

Unique training opportunities in the tropics

- > Tropical Diseases and Other Health Conditions
- > Rural Generalist Training Opportunities
- > First Nations Health
- > Royal Flying Doctor Service Intern and RMO rotations
- Rural GP RMO and Intern rotations (John Flynn Prevocational Doctor Program)
- Rural rotations at PHO level
- > Career Pathway Streaming opportunities
- > Sports Medicine
- > Grand rounds/journal clubs
- > Teaching, research and education opportunities
- > Advanced Rural Clinical Skills (ARCS) training course
- > Cairns Skills Centre



The University of Queensland Regional Training Hubs (UQ RTH) work behind the scenes with health networks and services to support medical students and prevocational doctors interested in furthering their education and careers in regional, rural and remote areas.

Are you considering your career options and looking to train in Central Queensland, Wide Bay or Southern Queensland? We can help you navigate the complex vocational training pathways for generalist and specialist training. Please contact one of our UQ Regional Training Hubs, visit our website or scan the QR code for more information:

Central Queensland T: 07 4931 2913, E: <u>rthcq@uq.edu.au</u> Wide Bay T: 07 4130 1900, E: <u>rthwb@uq.edu.au</u> Southern Queensland T: 07 4633 9700, E: <u>rthsq@uq.edu.au</u>



CRICOS 00025B | TEQSA PRV12080

Find out more about how we can support your career at: rcs.medicine.uq.edu.au/regional-training-hubs



Your Pathway to a Medical Career with Wide Bay



With the largest health infrastructure investment our region has ever seen – where will you be in 2027?

The opening of the new Bundaberg Hospital is the largest health infrastructure investment our region has ever seen with the inclusion of 29 additional emergency department treatment spaces as well as 2 additional operating theatres, including capability of cardiac procedures.

No matter whether your speciality is Emergency Medicine, Surgery, Obstetrics and Gynaecology or Intensive Care Medicine, the new state-of-theart facility is your gateway to career growth.

Building a bigger and better hospital will deliver the community more quality healthcare closer to home, reduce wait times, and improve the overall patient experience. It will also provide enhanced and integrated teaching and training environments for our current and future doctors, nurses, allied health and non-clinical professionals.

Your career opportunities with Wide Bay will be ever growing as our Hospital and Health Service continually expands to cater for our growing population.

In recent months we have celebrated the opening of the new Fraser Coast Mental Health Inpatient Unit (FCM-HU) at Hervey Bay Hospital.

With stage one of the FCMHU complete, the new 22-bed facility is already having a profound impact on mental healthcare services. Our Psychiatry Medical Officers are joined by a multi-disciplinary team, including Nursing and Allied Health staff.

Wide Bay HHS offers RMOs: • Great access to consultants and senior staff with fantastic teaching and training opportunities • Rotations are offered and grouped to suit different career paths including physician training, emergency training, Dip Obs, Dip Paeds • Career guidance and mentoring from the Director of Clinical Training and Medical Education Officer

Eligible applicants who move to a rural facility may receive up to \$70,000 incentive payments or up to \$20,000 if relocating to Bundaberg, Hervey Bay or Maryborough.

Blessed with pristine waterways, unspoilt coastline and an encapsulating diversity of landscapes – be forever changed by the beauty of the Wide Bay region.

From shoreline to hinterland, take a chance to progress your career and discover your desired lifestyle with Wide Bay.

<complex-block>

DEFENCE HEALTHCARE

Looking after the health, fitness and mental wellbeing of our people is a high priority, so the ADF offers a full complement of medical, dental, allied health and welfare services. The people who provide this care enjoy work variety and job satisfaction, exciting and challenging working environments, and the rewarding opportunity to contribute to humanitarian, combat and disaster-relief operations.

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- Surgeon

- Radiographer
- Psychologist
- Physiotherapist
- Anaesthetist
- Environmental Health Manager
- Public Health Physician

- Intensivist
- Mental Health Nurse
- Ophthalmologist
- Radiologist
- Psychiatrist
- Health Officer

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Biographies



AMA QUEENSLAND







ranzcp.org

Dr Nicola Campbell is completing her training in psychiatry, with advanced training in child and adolescent psychiatry. Dr Campbell has undertaken her training in a mixture of metropolitan, regional and rural settings, and has also explored interests in medical education, public health, and governance. She is chair of the Bi-National Committee for Trainees for the RANZCP. In her spare time, she can be found climbing walls (bouldering), hiking, or learning the drums.



Pierre Citta

Business Development Manager, Doctors' Health Fund doctorshealthfund.com.au

With more than two years of experience in the healthcare insurance industry, Pierre Citta specialises in crafting tailored solutions for doctors and medical professionals that address the unique needs of medical professionals, ensuring peace of mind for both practitioners and their patients by using a deep understanding of the evolving healthcare landscape.

Dr Hashim Abdeen

Rheumatologist and Medical Administration Trainee Gold Coast and Metro North HHS

Dr Hash Abdeen is a Rheumatologist and Medical Administration Trainee both on the Gold Coast and at Metro North HHS. He holds several roles with the AMC and has further been involved at a national level as the Chair of the Federal AMA Council of Doctors in Training (CDT). He is currently also the Chair of the Bi-National RACP College Trainees' Committee, and a practitioner member on the Queensland Medical Board.

Sacha A'Bell

Director, Medical Workforce Services Gold Coast Hospital and Health Service

Sacha A'Bell has been Director, Medical Workforce Services at Gold Coast Health for four years, bringing a depth of general management experience in both Government and private enterprise across health care, aged care, transport and tourism, and 20 years in hotel and resort management. Workforce planning and recruitment are key to any industry and Mr A'Bell has experience in the diverse range of strategies needed to improve health sector recruitment and retention.

Sav Angi

Partner, Cutcher & Neale cutcher.com.au

Sav Angi works closely with his clients to get insight into their unique personal and financial circumstances, and help them reach their goals. He enjoys working in partnership with clients to explain and implement wealth creation strategies such as effective tax structuring and debt reduction, while not losing sight of the important objective of asset protection. He has more than 30 years of experience in taxation, superannuation and finance.

Dr Nicola Campbell RANZCP

Biographies



AMA QUEENSLAND

Dr Claudia Collins

Rural Generalist Training Advisor Queensland Rural Generalist Pathway generalistpathway.com.au

Dr Claudia Collins works as the Senior Medical Officer and Lead Clinician at Yulu-Burri-Ba, based on Minjerribah (North Stradbroke Island), caring for and working with the Quandamooka People of the Bayside region. She has been working within the Aboriginal and Islander Health Sector for the last 10 years, and is passionate about Indigenous Health and working towards health equity for First Nations People. Dr Collins graduated from James Cook University School of Medicine. She is a product of the Queensland Rural Generalist Pathway, and a former Queensland Rural Health Scholarship Scheme (QHRSS) holder. She holds fellowship with ACRRM and has advanced skills in Indigenous Health. She also holds an associate fellowship with RACMA and works as a Rural Generalist Training Advisor with the Queensland Rural Generalist Pathway, supporting and guiding trainees who are pursuing a Rural Generalist endpoint.



nater

Dr Noori Dhaliwal

Senior Registrar President of the Queensland Psychiatry Trainees Association RANZCP

ranzcp.org

Dr Noori Dhaliwal is a Senior Registrar at The Prince Charles Hospital and President of the Queensland Psychiatry Trainees Association. She is dedicated to improving the overall welfare of Psychiatry Trainees and enhancing their experiences in training. She has worked at multiple Queensland Health services including Royal Brisbane and Women's Hospital, Mackay, Sunshine Coast, and Wide Bay. Prior to immigrating to Australia in 2014, Dr Dhaliwal worked as a Child Protective Services Social Worker in the United States. She completed her medical degree at The University of Queensland in 2019.

Dr Maureen Dingwall

Director of Clinical Training Mater Hospital, South Brisbane

Dr Maureen Dingwall is a Neonatologist at Mater Mothers' Hospital, and Senior Lecturer at University of Queensland. She is passionate about education, focusing on continually changing modes of education and involvement of the learner (medical students, junior doctors, nursing, midwifery or allied health), and interdisciplinary teaching to gain overall knowledge of what occurs in healthcare. Dr Dingwall also has a special interest in quality and safety improvement in the workplace. With the complexities of healthcare – finance, resources, inter/intradisciplinary, location and access to areas – cultural awareness and incorporating families/patients/consumer involvement is important when implementing a 'change' and maintaining continuous improvement.



Managing Director, Standout Medical Careers standoutmedicalcareers.com.au

Anita Fletcher is a highly experienced Medical Career Coach and founder of an advice-based specialist consulting practice – Standout Medical Careers. Her passions include coaching people to understand and convey their value so they can realise their potential, as well as writing, public speaking and working with others to develop career-enhancing programs. Ms Fletcher formerly ran the Medical Careers Advisory Service for the Australian Medical Association, and has a 25-year background in business operations management and HR.





Dr Jack Garland

Forensic Pathologist RCPA

rcpa.edu.au

Dr Jack Garland is a Forensic Pathologist based in Brisbane. He is a lecturer at Western Sydney University and has an extensive research background, with over 70 publications in international forensic pathology journals. He is a reviewer for multiple journals and a previous winner of the National Institute of Forensic Science best literature review.

Josh Holt

Credit Advisor, Cutcher & Neale cutcher.com.au

Josh Holt specialises in providing finance solutions for clients, including home loans, investment loans, refinance, commercial loans and specialised lending for certain professions.



Dr John Inderhaug

Director of Clinical Training at Hervey Bay Hospital Wide Bay Hospital and Health Services health.qld.gov.au/widebay

Dr John Inderhaug describes himself as having a Norwegian surname with an Irish accent. He graduated and trained in Ireland before moving to regional Queensland. Dr Inderhaug holds both FRACGP and FACEM. He is passionate about showcasing the opportunities to work, live and train in Regional Queensland.





Robert Lamb Director, Hillhouse Legal Partners

hillhouse.com.au

Robert Lamb commenced at Hillhouse Legal Partners in January 2000 and became a partner in 2006. Mr Lamb is one of Hillhouse's three Directors and has been responsible for the practice's litigation and dispute resolution since 2006 and in 2012 took responsibility for the practice's Wills and Estates team. With his experience both in the law generally and in Wills and Estates, Mr Lamb can expertly navigate the often-complex and deeply personal sphere that the Estate planning process entails. Before entering the legal sector, Mr Lamb worked as a Registered Nurse and has a strong ability to empathise with clients and work with them to understand and anticipate what legal help they need.

Colin Lee

Founder and CEO, Inspire Realty inspirerealty.com.au

Colin Lee is the founder and CEO of Inspire Realty, a multi award winning Property Advisor and Buyers Agent. With an extensive career in education, property and finance, Mr Lee empowers his clients to achieve financial wellbeing and create wealth through smart and strategic property investments. He has a broad and loyal customer base, as evidenced by more than 190 5-Star Google Reviews. He is a certified and Qualified Property Investment Adviser (QPIA) with Property Investment Professionals of Australia (PIPA), a member of the Property Investment Council of Australia (PICA) and a Member of the Real Estate Institute of New South Wales (REINSW).



Biographies

Dr Yan Lee

Hospital Liaison Officer/Regional Medical Educator RACGP

racgp.org.au

Dr Yan Lee is a General Practitioner and RACGP Medical Educator. He works in Victoria Point as well as at a high school clinic as part of the GPs in Schools pilot program. Dr Lee is the Hospital Liaison Officer (HLO) lead for South-East Queensland, and in this role looks after GP registrars completing a hospital year prior to commencing GP terms in community. He also runs local hub education sessions for GP registrars in North Lakes. In his spare time, he is an avid tennis player and tech nerd.

Alex Leedham

Squadron Leader ADF Careers

adfcareers.gov.au

Squadron Leader Alex Leedham joined the Royal Australian Air Force in 2008 as an Undergraduate Nursing Officer. In 2011, she was posted to 3 Expeditionary Health Squadron, completed Officer Training School and Initial Employment training, and was involved in high tempo aeromedical evacuation operations. In 2012 she was deployed to the Middle East Area of Operations on Operation SLIPPER. In 2016, she became the Careers Promotion Team Leader at Defence Force Recruiting in Brisbane and has worked as an Instructor and Training Flight Officer in Charge at RAAF Base Amberley. She was awarded a Health Services Wing Officer Commanding Award in 2021 for her efforts to maintain capability through training throughout the COVID-19 pandemic. She is now SERCAT 5 for the Health Operational Conversion Unit at RAAF Base Amberley and is the Aviation Health Specialist at Virgin Australia.







Dr Lauren Moses Medical Administration Registrar

Cairns and Hinterland Hospital and Health Service

Dr Lauren Moses completed six months of SHO rotations at Cairns Hospital before transitioning into the role of Medical Administration Registrar as a trainee of the Royal Australasian College of Medical Administrators. She has previously worked as a Radiation Oncology Registrar as a trainee of the Royal Australian and New Zealand College of Radiologists.

Professor Pooshan Navathe Executive Director Medical Services

Central Queensland Hospital and Health Service cq.health.qld.gov.au

Professor Pooshan Navathe is an internationally-respected thought leader in evidence-based aeromedical decision-making and has a degree in education. Prof Navathe has more than two decades of experience with universities and professional colleges, and has written book chapters, several papers and many conference presentations. His nuanced research combines academic purity, scientific rigour and real-world pragmatism.





Dr Robert Nayer

Non-executive Director Queensland Doctors' Health Programme cairns-hinterland.health.qld.gov.au

Dr Robert Nayer recently completed his fellowship training in emergency medicine and is working as a Senior Medical Officer in Mount Isa Base Hospital. He has been an active advocate for improvements in medical officer wellbeing, including as AMA Queensland Committee of Doctors in Training Chair in 2022 when he helped achieve legislative changes targeted at ensuring psychosocial wellbeing of public hospital doctors. He is on the board of the Queensland Doctors' Health Programme which runs a 24/7 helpline for doctors and medical students.

Dr Thuy Pham

Deputy Director Medical Services, Logan and Beaudesert Health Service, Metro South Health. metrosouth.health.qld.gov.au

Thuy's undergraduate medical degree is from the University of Adelaide. She holds a Masters of Health Management from the University of NSW as well as the Fellowship of the Royal Australasian College of Medical Administrators.

She worked for four years as a registrar in radiation oncology before commencing medical administration training.

Thuy has worked in a number of different roles in medical administration, medical education and the COVID health response. Since November 2021, she has been in the role of deputy director of medical services at Logan & Beaudesert Health Service. Culture, compassion, efficiency and excellence are Thuy's driving principles. As a leader, Thuy is passionate about enabling people to grow to their full potential and creating a better working environment. Outside of health, Thuy is a loyal supporter of rugby union, enjoys tinkering in the garden and trying out new hobbies to enrich her creative side.



Dr Elizabeth Rushbrook Chief Medical Officer

Metro North Health

Dr Liz Rushbrook is a Specialist Medical Administrator who graduated from The University of Queensland in 1994. She has extensive medical and military experience and is a fellow of the Royal Australasian College of Medical Administrators. She rose to the rank of Commodore as a Medical Officer in the Royal Australian Navy and is passionate about emergency and disaster management, business continuity, medical workforce wellbeing, and management and clinical governance. Dr Rushbrook is a Member and Director of the Australian Medical Council and a Director of Disaster Relief Australia.



Professor Alan Sandford AM

Director RACMA Wide Bay Hospital and Health Services widebay.health.gld.gov.au

Professor Alan Sandford AM is Director, Rural Medical Pathway for the Central Queensland and Wide Bay Hospital and Health Services. He is Immediate Past President of the Royal Australasian College of Medical Administrators (RACMA) and has been appointed as Honorary Professor with The University of Queensland, Central Queensland University and James Cook University. Prof Sandford is an experienced Specialist Medical Leader and has worked and consulted in a wide variety of posts across Australia and internationally. For the past 20 years he has had a particular focus on rural Australia. Prof Sandford was appointed as a Member of the Order of Australia in the 2017 Australia Day Honours for "significant services to medical administration and health management in a number of executive roles".





Biographies



Dr Ira van der Steenstraten Psychiatrist-turned-professional-coach

Dr Ira van der Steenstraten was born in The Netherlands where she trained as a psychiatrist, psychotherapist, and systems therapist. She has over 30 years of professional experience and worked in a variety of medical and therapeutic settings as a consultant psychiatrist. She is an internationally recognised speaker who has developed several innovative wellbeing, resilience and mindfulness programs for both adults and children. AMA Queensland commissioned her to develop and present the award-winning *Resilience on the Run* and *Wellbeing at Work* programs, which received funding from Queensland Health to be made available to all interns in Queensland. Dr van der Steenstraten has a special interest in doctors' health and wellbeing. She is the President of the Queensland Medical Women's Society (QMWS) and the Vice President of Doctors' Health in Queensland (DHQ).

Dr Alisha Thomson

Medical Administration Registrar Townsville Hospital and Health Service townsville.health.qld.gov.au

Dr Alisha Thomson grew up in Townsville and did her MBBS at James Cook University. A passionate advocate for diversity in medicine and organisational wellbeing, she joined RACMA with a view to support her colleagues to deliver better patient care by being safe and supported by healthcare organisations. Having worked as a junior doctor at Townsville University Hospital, Dr Thomson is happy to provide an honest account of the experience of doctors in training to anyone considering a future at Townsville Hospital and Health Service (THHS). Say hello at the THHS stand and learn more about Townsville's 300 + days of sunshine per year.



Dr James Ware

Director Medical Services – Southern Darling Downs Health darlingdowns.health.qld.gov.au

Dr James Ware is a rural generalist who has worked in Warwick, Queensland since 2014. He has fellowships with ACRRM and RACGP as well as his FARGP and FRACGP-RG. He is passionate about rural generalist medicine, particularly rural anaesthetics and completed his JCCA in 2013, grandparenting into the new DRGA qualification last year. He also has a DRANZCOG, DCH and AFRACMA. He loves the rural lifestyle and spending time with his six children out on his hobby farm. He also relishes getting out in the wilderness for some rock climbing, abseiling, canyoning or scuba diving.



Dr Elise Witter

Medical Careers Expo Panel Facilitator Chair, AMA Queensland Committee of Doctors in Training (CDT)

Dr Elise Witter is a PGY4 doctor currently training in mental health in Cairns. Dr Witter has been involved with advocacy and promoting doctor wellbeing through her local Resident Medical Officer Society, AMA Queensland and the Junior Medical Officer Forum.





Acting Deputy Director of Medical Services – Logan and Beaudesert Hospital Metro South Health

metrosouth.health.qld.gov.au

Known to have an interest in medical officer wellbeing and often organising social events in hours for the medical staff. Rachel has been working at Logan for a year. Her favourite work event of the 2023 was Doctors' Day the 30th of March, where they had alpacas, free lunch and a coffee cart for the doctors! She works in a team that is invested in developing an inclusive and supportive work environment for staff! Rachel and her colleague Thuy are keen to talk to anyone interested to know more about the opportunities at Logan and Beaudesert hospital!

Dr Caroline Yates

General Practitioner and Medical Educator Royal Flying Doctor Service flyingdoctor.org.au/qld/

Dr Caroline Yates is a General Practitioner with a passion for working in under-served communities. With a background in rural primary health, rural emergency care, Aboriginal medical services and refugee health care, she has a wealth of experience in addressing diverse healthcare needs. Her commitment to equitable healthcare led her to join the Royal Flying Doctor Service Queensland, where she provides vital GP services to remote areas. Dr Yates combines her clinical role with medical education for RFDS, and as a consultant to other health care organisations.

Dr Nick Yim

General Practitioner Vice President, AMA Queensland ama.com.au/qld

Dr Nick Yim works as a General Practitioner in Hervey Bay. He is a Fellow of the Royal Australian College of General Practitioners after achieving his MBBS from Griffith University, Gold Coast. He is a passionate medical educator and hosts registrars and medical students in his practice. As a previous pharmacist, he acknowledges the importance of multidisciplinary care to ensure patient care.



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Access to resources

Access a range of resources including the *Resident Hospital Health Check*, Report Cards, *Doctor Q*, webinars and exclusive member resources through our Member Portal.



Learning

Get a competitive edge over non-members with exclusive training opportunities on a variety of hot topics.

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Social events and activities

Free entry to a range of AMA Queensland events, including the *Medical Careers Expo* and *Member Networking Events*, and discounted entry to other events and conferences, fostering a sense of camaraderie and engagement.



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