

AMA QUEENSLAND
ANNUAL CONFERENCE

Lisbon

PORTUGAL

17 TO 23 SEPTEMBER 2023

**BUILDING A HEALTHIER
TOMORROW**

HOTEL TIVOLI AVENIDA LIBERDADE



Lisbon

PORTUGAL

Lisbon is one of Europe's most charismatic and vibrant cities, effortlessly blending traditional heritage, striking modernism and progressive thinking. The capital city of Portugal has a rich and varied history on display, such as the imposing Sao Jorge Castle and Belem Tower. The view of the old city encompasses the pastel-coloured buildings, Tagus Estuary and Ponte 25 de Abril suspension bridge. Within a very short distance from the city is a string of Atlantic beaches, from Cascais to Estoril. Lisbon is home to a spectacular range of eateries, a buzzing nightlife and glorious September weather.

Itinerary

SUNDAY 17 SEPTEMBER

- ▶ Group transfers to the conference hotel are available for those arriving into Lisbon Airport on 17 September.
- ▶ **7PM – 9PM** Welcome function is in the Hotel Tivoli Avenida Liberdade, pool area. Enjoy a special introduction to Lisbon at our welcome function at the hotel.

Itinerary is subject to change.



MONDAY 18 SEPTEMBER

- ▶ **BREAKFAST** Included, open 7am – 10am daily.
- ▶ **8.15AM – 1PM** Conference sessions.
- ▶ **1PM – 2PM** Lunch included.
- ▶ **AFTERNOON** Orientation tour of Lisbon.

We will proceed towards Restauradores Square where you will walk to the downtown area and continue uphill until we reach Alfama quarter. Explore the Alfama district, wandering through its becos and largos (small squares), allowing the senses to be your guide! Hear the sounds of fado and touch some dazzling tilework. We will continue to Belém on a panoramic tour, where you can take a photo at Jerónimos Monastery, followed with a stunning view over the Tagus River. Our journey will include a visit to the neoclassical, former royal residence, Ajuda National Palace.
**Note: Historical sites are closed on Mondays in Belém, all viewing will be from outside.*

TUESDAY 19 SEPTEMBER

- ▶ **BREAKFAST** Included, open 7am – 10am daily.
- ▶ **8.30AM – 1PM** Conference sessions.
- ▶ **LUNCH** Own arrangements.
- ▶ **AFTERNOON** Optional tour: Belem Discoveries Quarter.

WEDNESDAY 20 SEPTEMBER

- ▶ **BREAKFAST** Included, open 7am – 10am daily.
- ▶ **10AM – 5PM** Today we will journey about one hour from Lisbon to the town of Óbidos. It remains a well-preserved example of medieval architecture with Roman and Moorish heritage. The area was taken from the Moors by the first King of Portugal, Afonso Henriques, in 1148 and has often been patronised by Portugal's queens, giving rise to its informal title as Vila das Rainhas (Town of the Queens). Several royal consorts enriched the village with donations from the Middle Ages until the 16th Century. The castle, situated at the highest point, was built by order of King Dom Dinis (14th Century), as a wedding gift to his wife Dona Isabel, the Holy Queen. This delightful town of white houses adorned with bougainvillea and honeysuckle is entirely surrounded by medieval walls. Located about 10km from Óbidos, we will find the quite secular Companhia Agrícola do Sanguinhal, well known for its historical beauty and its great wines. We will stop and enjoy lunch and some wine tastings in the heart of the Óbidos Demarcated Region. Full-day tour departs the hotel at 10am and returns to the hotel at approx 5pm.

THURSDAY 21 SEPTEMBER

- ▶ **BREAKFAST** Included, open 7am – 10am daily.
- ▶ **8.30AM – 1PM** Conference sessions.
- ▶ **LUNCH** Own arrangements.
- ▶ **AFTERNOON** Optional tour 1: The Secrets of Sintra. Optional tour 2: Visit to the Champalimaud Clinical Centre.

FRIDAY 22 SEPTEMBER

- ▶ **BREAKFAST** Included.
- ▶ **8.30AM – 1PM** Conference sessions.
- ▶ **LUNCH** Own arrangements.
- ▶ **AFTERNOON** Optional tour: Charming Cascais and Cabo da Roca.
- ▶ **EVENING** Farewell dinner. Enjoy a farewell evening celebrating the local culture and history. Departs the hotel at 6.30pm and returns to the hotel at approx 11pm.

SATURDAY 23 SEPTEMBER

- ▶ **BREAKFAST** Included, open 7am – 10am daily.
- ▶ Group departure transfers to the airport are available for those departing on 23 September.

Program



SUNDAY 17 SEPTEMBER

Arrive in Lisbon. Group transfers to the conference hotel available.

7PM – 9PM

Welcome function

Enjoy a special introduction to Lisbon at our welcome function at the Hotel Tivoli Avenida Liberdade, pool area.

MONDAY 18 SEPTEMBER

8.15AM

Welcome to Portugal for the 2023 AMA Queensland Annual Conference

- ▶ **Dr Brett Dale** – AMA Queensland CEO

8.30AM – 1PM

Conference Session 1: Medicine in Australia and Portugal

- ▶ **Chair: Dr Brett Dale**

8.30AM

AMA Queensland update

- ▶ **Dr Maria Boulton** – AMA Queensland President
- ▶ Hear about AMA Queensland's advocacy work and policy wins over the past year, including drug law reform, payroll tax, vaping and illicit tobacco crackdown, maternity service initiatives and 60-day dispensing.
- ▶ Dr Boulton will also outline the challenges ahead, including the impact of pharmacy prescribing pilots rolling out nationally, workforce shortages and supporting our regional healthcare workers.

9.30AM

The bilateral relationship

- ▶ **Ms Indra McCormick** – Australian Ambassador to Portugal
- ▶ Ms McCormick will give an overview on the Australia-Portugal bilateral relationship and issues of shared interest, including:
 - ▶ Portugal's drug decriminalisation model and its impact on health and society in general
 - ▶ Machado-Joseph disease and its prevalence in both Azores and Arnhem Land communities
 - ▶ Double taxation agreement recently finalised between Australia and Portugal.



Program



10AM

Morning tea

10.30AM

Building a healthier tomorrow, what are we weighting for?

- ▶ **Dr Nick Yim** – AMA Queensland Vice President
- ▶ Obesity remains one of the greatest challenges of modern society. Are we approaching this in the right manner? Can we do better? Take a journey through strategies of management of obesity, learn about recent challenges and consider the question – is it more than just energy-in vs energy-out?

11.10AM

Drug Policy in Portugal – a comprehensive and integrated

- ▶ **Dr Manuel Cardoso** – Deputy General Director for Intervention Service for Addictive Behaviours and Addictions (SICAD), Portugal
- ▶ In July 2001, Portugal decriminalised personal use and possession of all illicit drugs, treating drug addiction as a health issue not a criminal issue. This presentation will cover decriminalisation as the legal framework for intervention, focused on the citizen and the greater good to the community.

12.10PM

Burnout... is it a myth? How do we tackle it?

- ▶ **Dr Su Mien Yeoh** – Endocrinologist
- ▶ Burnout is increasingly prevalent among health professionals due to high workloads, long hours, emotional stress, administrative burdens, and long training years. Add the pressure of a pandemic and it is no surprise doctors are leaving the profession early. Addressing this requires changes in healthcare systems and individual self-care strategies. If we do not, it can affect our health and patient safety in the future.

1PM

Lunch included at hotel

AFTERNOON

Orientation tour of Lisbon

We will proceed towards Restauradores Square where you will walk to the downtown area and continue uphill until we reach Alfama quarter. Explore the Alfama district, wandering through its becos and largos (small squares), allowing the senses to be your guide! Hear the sounds of fado and touch some dazzling tilework. We will continue to Belém on a panoramic tour, where you can take a photo at Jerónimos Monastery, followed with a stunning view over the Tagus River. Our journey will include a visit to the neoclassical former royal residence, Ajuda National Palace. **Note: Historical sites are closed on Mondays in Belém, all viewing will be from outside.*



Program



TUESDAY 19 SEPTEMBER

8.30AM – 1PM

Conference Session 2: Diseases, Cancer and Treatments

- ▶ **Chair: Professor Chris Perry OAM** – AMA Queensland Immediate Past President and Otolaryngologist

8.30AM

Another dangerous beast from FNQ – a novel emerging infectious disease in the era of climate change

- ▶ **Dr Thomas Robertson** – Neuropathologist
- ▶ The impact of future climate change is affecting the prevalence of infectious diseases. Learn about an emerging perplexing disease – how to suspect it, diagnose and treat it.

9.10AM

Role of radiation therapy and new frontiers in the management of early-stage prostate cancer

- ▶ **Dr Kumar Gogna** – Radiation Oncologist
- ▶ This session looks at the role of radiation therapy (external beam radiation and brachytherapy) in managing early-stage prostate cancer (low to intermediate risk localised disease). Innovations in technology and planning and delivery of treatments allow for precision targeting of the prostate, significantly minimising toxicity and making overall treatment course times much shorter, alleviating the time and cost burden to patients and the healthcare system.
- ▶ Learn how the results compare favourably with those obtained with surgery, and how GPs can give informed advice to patients on the pros and cons of surgery vs radiation therapy.

9.50AM

Immune therapies for cancer: a whole new world

- ▶ **Dr Sybil Kellner** – Medical Oncologist and Haematologist
- ▶ For some years, the three main pillars for the treatment of cancer have been surgery, chemotherapy and radiotherapy. There is now a fourth – immune therapy. This is no longer simply an exciting scientific discovery; it is a very real clinical tool with expanding indication.
- ▶ Learn about immune therapy for cancer, including monoclonal antibodies, vaccines, immune checkpoint inhibitors and CAR-T cell therapy.

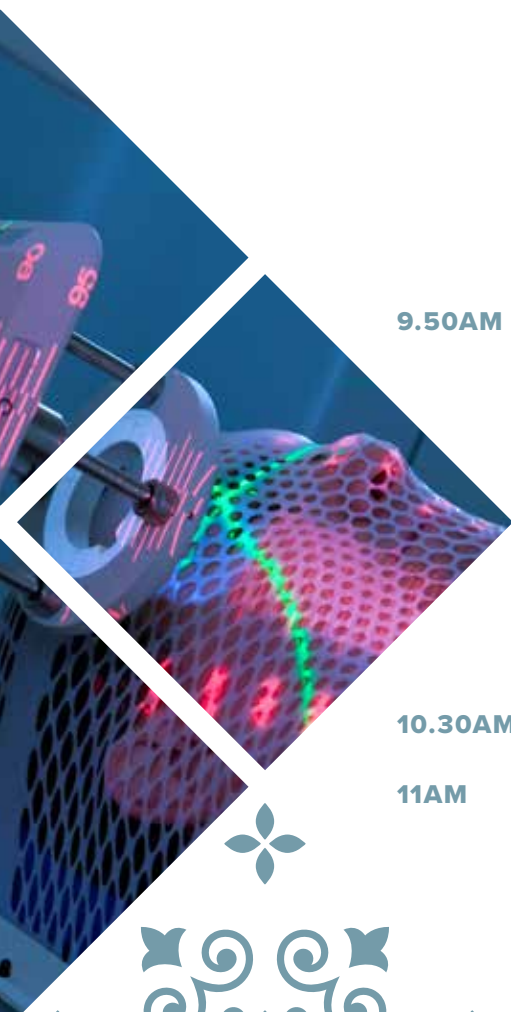
10.30AM

Morning tea

11AM

Planning for certainty – why you need a Will and Estate Plan

- ▶ **Robert Lamb** – Director, Hillhouse Legal Partners
AMA Queensland Corporate Partner
- ▶ In this video discussion, Wills and Estates Director Robert Lamb will focus on what is included in an Estate Plan, and why every clinician needs one.



Program



11.10AM

Timefulness: expanding time from a surgeon's perspective

- ▶ **Dr Emilia Dauway** – Breast, General and Oncologic Surgeon
- ▶ Timefulness encourages us to consider time beyond our immediate concerns and lifetimes, and to recognise the interconnectedness of events across different temporal scales. From a doctor's perspective, timefulness can be particularly relevant in healing and recovery, patient care and empathy, preventive care and legacy and impact.
- ▶ Experience meditation and a brief interactive exercise on multitasking to demonstrate the importance of being present, and learn about the science behind mindfulness, the impact of sleep deprivation on performance and health, and career longevity from a wellness perspective.

11.40AM

Informing our patients of their choices in reproductive genetic screening

- ▶ **Dr Sophia Elmes** – Obstetrician and Gynaecologist
- ▶ With increasing options, how do we educate our patients in preconception or prenatal screening for genetic conditions? Learn about reproductive carrier screening options, what are NIPT, NT ultrasound, CVS and amniocentesis and how do they fit in to prenatal care? How do we make these options equitable and fair, and have good patient understanding of implications of tests before the test is performed?

12.20PM

Artificial intelligence and diagnostic imaging

- ▶ **Professor Catherine Jones** – Radiologist
- ▶ This presentation outlines the revolution in diagnostic health due to the implementation of artificial intelligence software. AI is changing the way our patients undergo medical imaging, and this talk will focus on the impact of AI on radiology.
- ▶ This session will give us an update on AI in interpretation of medical imaging, look at the non-interpretative benefits of AI in imaging workflow and discuss the medicolegal aspects of AI in healthcare.

AFTERNOON

2PM – 5.30PM

Optional tour of Belém's Discoveries Quarter

Discover the Belem Quarter and learn about the Discoveries Period during our walking part of the tour. Admire the Jeronimos Monastery and the Tower of Belem, both considered as World Heritage, and Padrao dos Descobrimentos, a monument sculptured beside the Tagus River. During the tour we will also get to sample a Port Wine and a Pastel de Nata.



Program



WEDNESDAY 20 SEPTEMBER

10AM – 5PM

Today we will journey about one hour from Lisbon to the town of Óbidos. It remains a well-preserved example of medieval architecture with Roman and Moorish heritage. The area was taken from the Moors by the first King of Portugal, Afonso Henriques, in 1148 and has often been patronised by Portugal's queens, giving rise to its informal title as Vila das Rainhas (Town of the Queens). Several royal consorts enriched the village with donations from the Middle Ages until the 16th Century. The castle, situated at the highest point, was built by order of King Dom Dinis (14th Century), as a wedding gift to his wife Dona Isabel, the Holy Queen. This delightful town of white houses adorned with bougainvillea and honeysuckle is entirely surrounded by medieval walls. Located about 10km from Óbidos, we will find the quite secular Companhia Agrícola do Sanguinhal, well known for its historical beauty and its great wines. We will stop and enjoy lunch and some wine tastings in the heart of the Óbidos Demarcated Region. Full-day tour departs the hotel at 10am and returns to the hotel at approx 5pm.

THURSDAY 21 SEPTEMBER

8.30AM – 1PM

Conference Session 3: Technology and the Future

▶ **Chair: Dr Maria Boulton**

8.30AM

Your friend, the defibrillator, in community CPR

▶ **Katy O'Connell** – Link CPR Plus CEO

- ▶ There are many defibrillators on the market and they are decreasing in size and becoming more disposable. Delegates will learn about various types of public access defibrillators (PADs) and current guidelines for their use in cardiopulmonary resuscitation (CPR), according to the Australian and New Zealand Resuscitation Council.
- ▶ The session will focus on latest trends for CPR, the importance of stopping compressions to breathe, thus minimising aspiration risks, the difference between fully automated PADs and semi-automated PADs, and what the PADs are programmed to shock (ventricular fibrillation and pulseless ventricular tachycardia).

9.10AM

Panel: Technology solutions for private practice

- ▶ GP specialists and consultant specialists will discuss how technology and automated systems have helped manage practice costs. You will learn how to work smarter, not harder, using technology solutions, how to lower practice costs, the impact data can have on your practice, and the key metrics practices are using to have an impact on their billings, operations and patient outcomes.

Panellists:

- ▶ **Dr Eleanor Chew OAM** – GP
- ▶ **Dr Maria Boulton** – GP and practice owner
- ▶ **Dr Nick Yim** – GP and practice owner
- ▶ **Dr Kimberley Bondeson** – GP and practice owner
- ▶ **Professor Catherine Jones** – Radiologist

Program



9.50AM

Psychedelic treatments for mental health conditions

- ▶ **Dr Albino J. Oliveira-Maia** – Psychiatrist and Neuroscientist, and Director of the Neuropsychiatry Unit and Laboratory at the Champalimaud Foundation, Lisbon, Portugal
- ▶ Enhanced informed consent procedures are needed for patients treated with psychedelics such as psilocybin and MDMA, due to effects that include an altered state of consciousness and vulnerability to suggestion.
- ▶ With psychedelic therapies now able to be prescribed in Australia, this session covers their efficacy for mental health disorders, impaired decision-making, heightened suggestibility and a summary of ethical, regulatory and policy challenges around psychedelics and their potential solutions.

10.30AM

Morning tea

11AM

Practice sale and succession: maximising the value of your hard earned asset

- ▶ **Craig Hong** – Director, Hillhouse Legal Partners
AMA Queensland Corporate Partner
- ▶ In this video presentation, Hillhouse Corporate and Commercial Director Craig Hong will provide a step-by-step guide on how best to prepare for business succession when you are winding down and selling your practice.

11.10AM

Paediatric surgery into the future

- ▶ **Dr Harry Stalewski OAM** – Paediatric Surgeon
- ▶ Hear from the doctor who has almost single-handedly provided paediatric surgery to children outside South-East Queensland since 1987. Dr Stalewski has been a fierce advocate for a North Queensland children's health hub, particularly for oncology patients, so children do not have to travel to Brisbane for treatment. This session will cover the overall direction of paediatric surgery, technological advances, geographical challenges across Australia, and how to expand paediatric services to regional Queensland.

11.30AM

Tax and compliance matters

- ▶ **Stuart Chan** – Partner, Cutcher & Neale
AMA Queensland Platinum Corporate Partner
- ▶ This session will cover best practice structures, recent changes announced with trust and future structures, as well as payroll tax changes. Delegates will learn how to not become a target for the Australian Tax Office or the Queensland Revenue Office, estate planning, and best to assist your children financially.



Program



12.10PM

Panel: Payroll Tax

- ▶ Who pays payroll tax and why are state governments now applying it to tenant GPs? What strategies could you implement at your practice, and should you take part in the amnesty? Find out the latest on payroll tax for medical professionals and ask your own questions.

Panellists:

- ▶ **Dr Maria Boulton** – GP and practices owner
- ▶ **Stuart Chan** – Partner, Cutcher & Neale
- ▶ **Karen Cunneen** – Practice Manager

AFTERNOON

2PM – 5.30PM

Optional tour 1 – The Secrets of Sintra

Discover the romantic, fairytale-like village of Sintra and learn about its rich history and role during the Portuguese Monarchy, as well as the wild nature surrounding and protecting this charming small town. During the walking tour get to know the centre of Sintra with its traditional crafts shops and the breathtaking Regaleira Palace and Gardens full of fascinating caves and corners, mix of architectural references and captivating surroundings. We will also get to experience a local delicacy at a famous local café.

2.15PM – 5.30PM Optional tour 2 – Visit to the Champalimaud Clinical Centre

Meet the transfer bus at the conference hotel at 2.15pm, short drive along the coast for a 3pm presentation and tour. The Champalimaud Clinical Centre (CCC) is a state-of-the-art medical, scientific and technological institution. In this centre, interdisciplinary clinical care is developed alongside applied research activities and advanced medical and technical education programs. The CCC focuses on personalised medicine, centred on the patient, which allows for higher efficacy levels in disease control leading to longer survival and better quality of life. The CCC is structured into Multidisciplinary Pathology Units (MPUs). These include, among others, medical oncologists, surgeons, radiotherapists, radiologists, pathologists, geneticists, nuclear medicine specialists, nurses, psycho-oncologists, nutritionists, physiotherapists, and palliative care experts, who meet regularly to define personalised diagnostic and treatment plans adjusted to each individual patient. There are seven functioning units dedicated to treatment and research on the major types of cancer. These are the Breast Unit, the Lung Unit, the Urology Unit, the Digestive Unit, the Gynaecology Unit, the Haemato-Oncology Unit, and the Dermatology Unit. The Champalimaud Clinical Centre also includes a Neuropsychiatry Unit that delivers healthcare in this area, functioning as the clinical arm of Champalimaud Research and guaranteeing the translational character of this important area of the Champalimaud Foundation's research. Our scientists and health professionals work together to ensure that all the available knowledge and techniques are put at the service of a personalised medical practice of excellence. For more information see website here:

fchampalimaud.org/champalimaud-clinical-centre

Program



FRIDAY 22 SEPTEMBER

8.30AM – 1PM

Conference Session 4: Wellness, Mental Health and Burnout

▶ **Chair: Dr Brett Dale**

8.30AM

Yoga, wellness and mediation session

- ▶ **Zoe Taylor** – Yoga Teacher and MoY Founder
- ▶ Yoga is known to reduce stress, reduce pain and improve sleep quality. Start the morning right with breath work, postures and meditation. Don't worry about bringing your yoga mats or active wear – we'll use the chairs and standing room at the conference venue.

9.15AM

Catatonia, an under-recognised and undertreated complication of developmental, neurological and mental health disorders

- ▶ **Dr Angela Livingstone** – Psychiatrist
- ▶ Catatonia is a common complication of mental illness and autism which is often under-recognised and treated. Awareness of this disorder and its treatment is particularly important for GPs and doctors working in mental health and/or disability settings, but applicable to all practitioners. You will learn what catatonia is, where it can arise and how to recognise and treat it.

10AM

Morning tea

10.30AM

Burnout and how to head it off before the pass

- ▶ **Lou Coles** – Mind-Body Practitioner
- ▶ The earlier we realise we are on the road to burnout the earlier we can turn that ship around. Starting small and making it easy is important for long-term change and success. In this session, delegates will learn ways to spot burnout before it gets to crisis point, and science-backed tweaks you or your patients can make in day-to-day life to change your trajectory.

11.10AM

Investment strategies to secure your future

- ▶ **Stuart Chan** – Partner, Cutcher & Neale
- ▶ Learn how to supercharge your retirement plan with tax strategies. This session will explain how to navigate the retirement landscape, how to plan your superannuation and other tax-effective investment options, business succession planning and buying and selling medical rooms through self-managed superannuation funds.

11.50AM

Soapbox





Program



AFTERNOON
2PM – 5.30PM

Optional tour – Charming Cascais and Cabo da Roca

Cascais is a coastal resort town known for its sandy beaches and busy marina. A former Royal Retreat, Cascais has transformed from fishing village to destination. Cobble stone streets, fisherman bay, beaches, museums and great shops. Discover this beautiful town and celebrate with a glass of sparkling wine in Guincho, at the western most point of Europe.

EVENING
6.30PM – 11PM

Farewell dinner

Enjoy a farewell evening celebrating the local culture and history. Departs the hotel at 6.30pm and returns to the hotel by 11pm.

SATURDAY 23 SEPTEMBER

Group departure transfers to the airport are available for those departing on 23 September.

CONFERENCE LEARNING OUTCOMES

1. Implement strategies to help with workflow to improve patient outcomes.
2. Identify self-care strategies to promote overall health and well-being of healthcare workers to reduce burnout.
3. Explain self-care strategies to patients and their benefits to improve their overall health and well-being.
4. Integrate artificial intelligence strategies to facilitate rudimentary tasks and assist in provide higher levels of care to patients.
5. Appraise patient consent policies to incorporate new treatment modalities and measure the veracity of consent policies against emerging regulatory, ethical and policy challenges to facilitate informed consent with patients.



cpdhome.org.au/cpd-learning/ama-queensland-annual-conference-2023-building-a-healthier-tomorrow

Please note: The program sessions and speakers are subject to change.

Biographies



DR MARIA BOULTON

AMA Queensland President, GP and practice owner

Dr Maria Boulton is an industry leader, GP specialist, business owner, media commentator and public speaker. With two decades' experience in private practice and hospitals in Brisbane and regional Queensland, she drives state and national medical policy as President of AMA Queensland. Dr Boulton's experiences growing up in El Salvador underpin her reputation as a passionate advocate for doctors and patients. Immigrating to Australia in 1990, Dr Boulton completed her medical degree at The University of Queensland in 2002. She is a Fellow of the Royal Australian College of General Practitioners and a graduate and member of the Australian Institute of Company Directors.



DR KIMBERLEY BONDESON

GP, practice owner and AMA Queensland Councillor

Dr Kimberley Bondeson graduated from The University of Queensland in 1996 and spent five years working in rural and remote Queensland. This included 12-month stints in Emerald, Warwick and Doomadgee. After completing accident and emergency basic training, Dr Bondeson returned to Brisbane, where she worked as an after-hours doctor for three years, before attaining her FRACGP.



DR MANUEL CARDOSO

Deputy General Director, Intervention Service for Addictive Behaviours and Addictions (SICAD), Portugal

Dr Manuel Cardoso is a medical doctor by profession and a public health consultant, with post graduate qualifications in occupational medicine and health management. Since 1998, he has held management positions in public administration institutions in charge of drugs, alcohol and addictive behaviours in Portugal. He has represented Portugal at the Committee on National Alcohol Policy and Action, which played a major role in implementing the EU Strategy to support Member States in reducing alcohol related harm.



STUART CHAN

Partner, Specialist Medical Services Division, Cutcher & Neale

Stuart Chan draws on years of experience to work closely with his clients to better understand their personal and financial circumstances and help them achieve their goals. He enjoys explaining and implementing wealth creation strategies, such as effective tax structuring and debt reduction, while not losing sight of the important objective of protecting those hard earned assets. He has been with Cutcher & Neale since 2009, specialising in providing accounting and financial services to medical professionals, and is a regular presenter of training programs for medical associations and colleges.



DR ELEANOR CHEW OAM

GP and AMA Queensland Board Chair

Dr Eleanor Chew is a GP specialist with extensive experience representing the role of primary care in the health services profession. A graduate of the University of Queensland, Dr Chew has more than 35 years' experience as a GP, working in a variety of practice settings across Australia.

Biographies



LOU COLES

Mind-Body Practitioner

Lou Coles started her career as a zoologist and marine biologist, working in the CSIRO Marine Research laboratory and Currumbin Wildlife Sanctuary. She became a passionate advocate for Emotional Freedom Techniques (Tapping) after battling post-viral fatigue syndrome. She now blends ancient mindfulness, acupuncture tapping and yoga with modern science to support people in processing emotions and trauma, enabling them to make better life choices and embrace sustainable self-care.



KAREN CUNNEEN

Practice Manager

Karen Cunneen is an experienced Certified Practice Manager with a demonstrated history of working in the medical practice industry. She is skilled in customer service and strategic planning, with particular experience in cardiothoracic surgery, audiometry and spirometry. She has a Diploma of Professional Practice Leadership focused in Practice Management from University of New England (Australia).



DR BRETT DALE

AMA Queensland CEO

Dr Brett Dale brings decades of experience of working in health, education, advocacy, training and membership organisations. A former Army medic, he has completed numerous postings including the Army School of Health in Victoria and deployments to Bougainville and Iraq. In 2012, he was appointed CEO of Northern Territory General Practice Education, where he was responsible for GP training and GP registrar workforce distribution across the Top End. With a Doctorate in Change Management and Intrapreneurship, Dr Dale is strongly focused on collaboration, communication and innovation to drive positive change and achieve results.



DR EMILIA DAUWAY

Breast, General and Oncologic Cancer Surgeon, Yogi and AMA Queensland Councillor

Dr Emilia Dauway is a US-trained general, breast and oncoplastic surgeon with a private breast practice in Hervey Bay and is Clinical Director of Surgery at QEII Hospital in Brisbane. She is the secretary for the Royal Australasian College of Surgeons (RACS) Queensland State Committee and IMG representative on the AMA Queensland Council. As a trained yoga and mindfulness instructor, she incorporates mindfulness and restorative yoga techniques in her surgical practice to help those who have experienced breast cancer live a quality life after treatment through mindful living.



DR SOPHIA ELMES

Obstetrician and Gynaecologist

Dr Sophia Elmes was born in Ipswich and grew up in South East Queensland. She graduated from the University of Queensland's Medical School in 1996 and commenced obstetrics and gynaecology training, working in the Royal Brisbane and Royal Women's Hospital, Mater Hospital, Mackay Hospital, Logan Hospital and Ipswich Hospital. She was granted Fellowship of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists in 2007 and commenced private practice in Ipswich in February 2007.



Biographies



DR KUMAR GOGNA
Radiation Oncologist, ICON

Dr Kumar Gogna has been a radiation oncologist for three decades. His special areas of interests include urological malignancies, head and neck cancer and lymphomas. He has expertise in seed implant therapy for the management of early-stage prostate cancer and helped establish the first prostate seed brachytherapy program in Queensland at the Greenslopes Private Hospital in 2003. Dr Gogna is a teacher and mentor for radiation oncology trainee registrars and was awarded the RANZCR *Denise Lonergan Educational Service Award* in 2019.



CRAIG HONG
Director, Hillhouse Legal Partners

Craig Hong leads Hillhouse's corporate and commercial team, encompassing specialist health and medical practice. His areas of expertise include business structuring, intellectual property, contract advice, business sales and acquisitions, leases and trusts, and a raft of organisation matters from employment law to corporate governance.



PROFESSOR CATHERINE JONES
Consultant Cardiothoracic Radiologist

Professor Catherine Jones specialises in lung cancer and occupational lung disease. She trained in the United Kingdom and Canada before beginning practice in Australia in 2011. She is Adjunct Professor at the University of Sydney Faculty of Medicine and Health, and Associate Professor at Monash University's School of Public and Preventive Health. She has a Bachelor Degree in Mathematics from the University of Queensland, majoring in statistical methodology, and is an executive member of the Australia and New Zealand Society of Thoracic Radiologists (ANZSTR) and chair of AI innovation at Australia's largest radiology company.



DR SYBIL KELLNER
Medical Oncologist and Haematologist

Dr Sybil Kellner graduated with honours in Medicine from the University of New South Wales and trained in Clinical Haematology, Laboratory Haematology and Medical Oncology in Melbourne and overseas. She is a member of the Haematology Society of Australia (HSA), Australian Leukaemia and Lymphoma Group (ALLG) and the Medical Oncology Group of Australia (MOGA). Dr Kellner is also an international member of the American Society of Haematology (ASH) and the American Society of Clinical Oncology (ASCO). Dr Kellner was appointed to Senior Visiting Specialist status in Queensland in 1999, and maintains a keen interest in molecular cytogenetics and the molecular therapies embraced in personalised medicine.



ROBERT LAMB
Director, Hillhouse Legal Partners

Robert Lamb has been with Hillhouse for almost two decades and is responsible for the Wills and Estates teams. He has excellent knowledge of the procedural rules of the Queensland courts, and has appeared in all state and federal civil courts and tribunals around the state. His areas of expertise are Wills and Estates, employment, family, litigation and dispute resolution. He also oversees and mentors work experience and practical legal training students.

Biographies



DR ANGELA LIVINGSTONE

Psychiatrist

Dr Angela Livingstone studied Medicine at Melbourne University and did her psychiatry training via St Vincent's. She worked at the Office of the Chief Psychiatrist during her training, then worked in the public system until 2007. She works in the Victorian Dual Disability Service at St Vincent's. Her special areas of interest are autism spectrum disorder (ASD) and girls/women, perinatal implications of maternal ASD, catatonia, behaviourism, ADHD and psychopharmacology. She is also strongly interested in the concept of spare time and would love to find some if the kids ever let her.



MS INDRA McCORMICK

Australian Ambassador to Portugal

Ms Indra McCormick has been Ambassador to Portugal since January 2023, and is the non-resident Ambassador to the Republic of Cabo Verde, the Republic of Guinea-Bissau and the Democratic Republic of Sao Tome and Principe. She holds a Master's degree in Foreign Affairs and Trade from Monash University, a Bachelor of Arts/Law from The University of Sydney, and a Graduate Diploma of Legal Practice from the Australian National University. She has served as Deputy Head of Mission at the Australian Embassy in The Hague and earlier diplomatic postings in Jakarta and Wellington. Outside of Government, she has undertaken consultancies for Unicef in Sri Lanka and the IMF in Indonesia.



DR SU MIEN YEOH

Consultant Endocrinologist and Specialist Physician

Dr Su Mien Yeoh studied medicine at the University of Melbourne and moved to Queensland for her post-graduate years at the Royal Brisbane and Women's Hospital, specialising in endocrinology. She was awarded her FRACP in 2002, was awarded the NHMRC scholarship in 2003, and won a Masters of Philosophy from The University of Queensland the same year for her work on glucocorticoids and obesity. Her interests are in general endocrinology, particularly thyroid diseases, osteoporosis, polycystic ovarian syndrome and diabetes.



KATY O'CONNELL

CEO, Link CPR Plus

Katy O'Connell is a registered nurse who settled in intensive care after working in hospitals and emergency departments in London, Germany, Longreach and Nambour. She became a level 3 nurse educator at The Mater and then started her own first aid training business, Link CPR Plus, more than 16 years ago.



Biographies



PROFESSOR ALBINO J. OLIVEIRA-MAIA

Director, Neuropsychiatry Unit, Champalimaud Research and Clinical Centre, Lisbon

Dr Albino J. Oliveira-Maia completed a medical degree at Universidade do Porto, a doctorate in neuroscience at Duke University, North Carolina, and a master's degree in public health at the Harvard School of Public Health, Boston. His work is dedicated to treatment-resistant depression, obsessive-compulsive disorder and mental health in patients with cancer, including the therapeutic use of psychedelics and non-invasive brain stimulation. He is Vice President of the Portuguese Society for Psychiatry and Mental



PROFESSOR CHRIS PERRY OAM

AMA Queensland Immediate Past President and Otolaryngologist

Professor Chris Perry has been a consultant in otolaryngology since 1987. He has held consultant positions in head and neck cancer surgery at both the Royal Brisbane Women's Hospital and the Princess Alexandra Hospital, and is a consultant in paediatric otolaryngology at the Queensland Children's Hospital. He is a co-founder of the *Deadly Ears* program for Indigenous health and is a Lieutenant Colonel in the Australian Army Reserve.



DR THOMAS ROBERTSON

Neuropathology Director, Pathology Queensland

Dr Thomas Robertson is based at Royal Brisbane and Women's Hospital and also provides consulting services to the Queensland Children's Hospital, the Princess Alexandra Hospital, the Prince Charles Hospital, the John Tonge Institute of Forensic Pathology and public, private and interstate laboratories. He has authored or co-authored more than 60 scientific papers in peer-reviewed journals and has a special interest in infections of the nervous system.



DR HARRY STALEWSKI OAM

Paediatric Surgeon

Dr Harry Stalewski graduated from the University of Queensland in 1976 and attained his Fellowship in paediatric surgery in 1984. After working at children's hospitals in Adelaide and London, he returned to Townsville at the end of 1986 and was the sole paediatric surgeon in North Queensland for 25 years. He has now retired from private practice and is director of paediatric surgery at Townsville University Hospital.



ZOE TAYLOR

Founder, Ministry of Yoga, Portugal

Zoe Taylor spent 13 years working in the banking sector and understands how hard it can be to find the time to look after physical and mental health week in, week out. She found that one hour of yoga a week was enough to balance the stress hormones in the body. Soon physical exercise was no longer a chore but something to look forward to, while the meditation practice gave much-needed time to clear the mind.



DR NICK YIM

AMA Queensland Vice President, GP and practice owner

Dr Nick Yim works as a GP in Hervey Bay. He is a Fellow of the Royal Australian College of General Practitioners after achieving his MBBS from Griffith University, Gold Coast. He is a passionate medical educator and hosts registrars and medical students in his practice. As a previous pharmacist, he acknowledges the importance of multidisciplinary care to ensure patient care.

Work with an advisor who is as specialised in the medical industry as you are.

Our accountants take care of you so you can take care of your patients.



As the platinum accounting partner of AMAQ, members benefit from complimentary financial reviews and consultations with our advisors

Our experienced team have the health industry knowledge required to help you succeed.

Whether you're looking to grow your career, develop a successful practice, or secure your financial future, we're here to guide you and provide practical and individualised support for your goals.

At Cutcher & Neale we make it easier for you with our wide range of in-house services. Have one trusted advisor overseeing all of your financial needs to ease the complexity of your wealth management.

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- ✓ Financial advice from medical accounting specialists
- ✓ Wealth creation and management
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- ✓ Superannuation advice
- ✓ Investment opportunities
- ✓ Trust establishment and legacy planning

HILLHOUSE

legal partners



simply strategic

Strategic legal advice for medical professionals

Our legal team specialises in providing expert legal advice to businesses and individuals in the medical sector.

We are a full-service law firm that can assist all medical practitioners with all their entire business, and personal, legal needs.

We have a proven track record of supporting businesses at each stage of a practice's lifecycle, from establishment through to structuring and growth and finally through to business succession events. Our extensive experience allows us to provide tailored legal advice and assistance through all stages of your career.

It is our mission to be your trusted legal partner to help you navigate the complex legal landscape of the health and medical industry.

Expertise

Corporate Advisory

Corporate & Commercial
Employment & Industrial Relations
Intellectual Property & Technology
Litigation & Dispute Resolution
Property & Projects

Private

Conveyancing
Family Law
Wills, Estates & Trusts

We understand your time constraints and offer meetings after hours in person, online or on location. Contact our team today to schedule a consultation and receive expert advice on all your legal needs.



Scan to keep in touch



Zac Herps, Managing Director

Zac provides strategic advice and solutions to some of the firm's largest and most prominent clients. With a business and commercial focus, Zac partners with clients to support them in achieving their career and personal objectives. He offers a flexible and responsive service, frequently meeting clients at their business premises, after hours.

0407 347 484
zac@hillhouse.com.au



Craig Hong, Director

Craig's expertise in commercial law covers areas of business structuring, intellectual property, contracts advice, business sales and acquisitions, leases and trusts and a raft of organisational matters from HR to corporate governance. Craig takes a pragmatic approach to deliver tailored, fair-priced commercial advice to clients.

0433 942 361
craig@hillhouse.com.au

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p GPO Box 1709, Brisbane Qld 4001 w hillhouse.com.au ♦ Hillhouse Legal Partners Pty Ltd ACN 130 888 881



AMA Queensland membership pays for itself in savings

As an AMA Queensland member, you receive trusted workplace relations advice and access to a comprehensive range of tools and support to help you build a thriving career in medicine along with quality professional development. This includes access to our network of corporate partners in banking and finance, insurance, legal and accounting services.

What's more – your tax-deductible AMA Queensland membership pays for itself when you access our online AMA Queensland Membership Benefits Program.

AMA Queensland Member Benefits Program

Our members-only benefits program offers more than 1,500 exclusive discounts and special offers for your personal and professional life.



Log into our website as a member to explore the full catalogue of savings.

ama.com.au/qld/member-benefits



Camping and the great outdoors

- ▶ Chairs and tables
- ▶ Cooking, cleaning and heating
- ▶ Lanterns and lighting
- ▶ Mats and sleeping bags
- ▶ Recreation
- ▶ Tents



Automotive

- ▶ Accessories
- ▶ Car buying service
- ▶ Car subscription
- ▶ Trade-in service
- ▶ Short and long-term car hire
- ▶ Car care and protection



Clothing, shoes and accessories

- ▶ Backpacks and bags
- ▶ Caps and hats
- ▶ Clothing
- ▶ Jewellery
- ▶ Shoes
- ▶ Sunglasses
- ▶ Towels
- ▶ Umbrellas
- ▶ Wallets



Business and services

- ▶ Air purifiers
- ▶ Business equipment
- ▶ Car hire
- ▶ Fleet vehicles
- ▶ Technology
- ▶ Utilities



Dining

Dining options include restaurants in Brisbane and on the Gold and Sunshine Coasts, with more being added to the program all the time.



GARMIN

Commercial

Business

Electronics

- ▶ Computers
- ▶ Speakers and multimedia
- ▶ Watches
- ▶ Phones
- ▶ JB Hi-Fi Commercial Pricing
- ▶ The Good Guys Commercial Access
- ▶ Personal electronics



ECOYA



Cuisinart

Home

- ▶ Air purifiers
- ▶ Bathroom
- ▶ Desks
- ▶ Kitchenware
- ▶ JB Hi-Fi Commercial Pricing
- ▶ The Good Guys Commercial



Fitness First

Goodlife
HEALTH CLUBS

TaylorMade

LIFESPAN
FITNESS

Fitness and sports

- ▶ Gym memberships
- ▶ Bikes and e-bikes
- ▶ Home fitness
- ▶ Sporting equipment
- ▶ Basketball
- ▶ Golf
- ▶ Shoes
- ▶ Caps
- ▶ Activewear
- ▶ Water Bottles



LIFESPAN KIDS

Toys and kids

- ▶ Basketball
- ▶ Bikes
- ▶ Cubby houses and play centres
- ▶ Monkey bars and flying foxes
- ▶ Sandpits
- ▶ Slides
- ▶ Sporting equipment
- ▶ Swings
- ▶ Toys and playtime
- ▶ Trampolines



Gift cards

- ▶ Major retailers
- ▶ Groceries and everyday essentials
- ▶ Fashion
- ▶ Streaming and entertainment
- ▶ Automotive
- ▶ Events and concerts



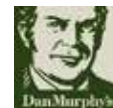
Travel solutions

- ▶ Hotel deals
- ▶ Holiday packages
- ▶ Car hire



Health and beauty

- ▶ Air purifiers
- ▶ Beauty and wellness
- ▶ Health insurance
- ▶ Optical
- ▶ Pharmacy
- ▶ Skincare



Wine and spirits

The program offers discounts on a number of wine labels and gift cards to premium retailers.



Join now and start saving

Visit ama.com.au/qld/member-benefits

Offers and brands available are subject to change at any time.

Why join AMA Queensland

Member exclusive benefits



Networking

It's not just who you know, it's who others know. Networking is powerful.

1



Visibility

Stand out in the crowd with the AMA Career Advice Hub. Let us help you create an application that will have you standing out from the crowd.

2



Have a voice

Gain a say in what happens in hospitals through the AMA Queensland Committee of Doctors in Training advocacy efforts.

3



Protection

Be protected and secure at work with the advice and support from our workplace relations advisors and complimentary union membership with ASMOFQ.

asmofq
AUSTRALIAN SALARIED MEDICAL OFFICERS' FEDERATION QUEENSLAND INDUSTRIAL ORGANISATION OF EMPLOYEES

4



Learning

Get a competitive edge over non-members with exclusive training opportunities on a variety of hot topics.

5



Discounts

Increase your purchasing power through member-only discounts. Visit ama.com.au/qld/member-benefits for full range of benefits.

6

AMA Queensland membership is tax deductible.

For more information or to join, please contact the Membership Team on 07 3872 2222 or email membership@amaq.com.au.

Join today
ama.com.au/join



Delegates

Dr Jason Acworth
Dr Nicola Acworth
Ms Melinda Asher
Dr Marion Badgery
Dr Izak Bakker
Mrs Dorette Bakker
Mr Paul Barnham
Dr Dinah Blunt (Hastie)
Dr Kimberley Bondeson
Dr Maria Boulton
Mr Ted Boulton
Mstr Thomas Boulton
Miss Lara Boulton
Dr Russell Bourne
Dr Peter Bovey
Mr Stuart Chan
Dr William Charters
Ms Shona Charters
Dr Eleanor Chew
Dr Robert Choa
Dr Christine Cobb
Mrs Russell Cobb
Ms Louise Coles
Dr Chris Cunneen
Mrs Karen Cunneen
Dr Emilia Dauway
Dr Andrew Davison
Dr Charmaine Davison
Dr Dilum Ekanayake
Dr Sophia Elmes
Dr Andrew Field
Mrs Anne Field
Ms Sharyn Fielder
Dr Richard Foster
Mrs Michelle Foster
Dr Fei Gao
Dr Katherine Garnham
Mrs Surong Ge
Prof Kumar Gogna
Dr Steven Goode
Mrs Wendy Goode
Dr Amanda Greaves
Dr Claire Griffin
Mr Peter Hackett
Dr Ayaka Hayashi
Dr Noel Hayman
Dr Gemma Hayman
Mr Samuel Hayman

Ms Celia Hayman
Mrs Judith Hayman
Dr Wayne Herdy
Dr Russell Hills
Mrs Margaret Hills
Dr Chris Ho
Dr Zelle Hodge
Dr Robert Hodge
Dr Abbas Hussein
Dr Ike Ilechukwu
Mrs Maureen Ilechukwu
Mstr Victor Ilechukwu
Miss Victoria Ilechukwu
Mr Cyrus Javadi
Ms Catherine Jones
Dr Sybil Kellner
Dr Sharon Kelly
Mr Peter Kemish
Dr Scott Kirton
Dr Julian Lane
Mrs Rosalind Lane
Ms Juanita Langford
Dr Audrey Lim
Dr Angela Livingstone
Dr Elizabeth McVie
Dr Lisa Moreton
Dr Luke Murphy
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Dr Gary Nielsen
Ms Sarah Nielsen
Ms Louise Norwood
Dr Martin Nothling
Mrs Anne Nothling
Dr Brian O'Connell
Mrs Katy O'Connell
Dr Christine Oo
A/Prof Robert Parker
Ms Wendy Payne
Dr Christopher Perry
Dr Kathryn Perry
Dr Behzad Rafiee
Mrs Marjan Rafiee
Mr Koosha Rafiee
Dr Shahab Rafiee
Mrs Elahe Rafiee
Prof Julian Rait
Mrs Jane Rait

Dr Tanusha Ramaloo
Mrs Karen Reid
Dr David Reid
Mr Thomas Robertson
Dr Noel Saines
Mrs Margaret Saines
Mr Rodney Sengstock
Dr Harry Stalewski
Mrs Irene Stalewski
Dr Maurice Stevens
Dr Bernard Tamba-Lebbie
Miss Sia Tamba-Lebbie
Miss Muthoni Tamba-Lebbie
Mr Andrew Thang
Dr Rodney Thelander
Mrs Sandra Thelander
Dr Jeffery Thompson
Dr John Varghese
Dr Marian Varghese
Mr Gary Voss
Dr Maria Wagner
Dr Dana Wainwright
Dr Robert Wainwright
Ms Selena Walker
Anne-Maree Warman
Dr Robert Whiting
Mrs Julie Whiting
Dr Liqun Yang
Dr Su Mien Yeoh
Dr Nicholas Yim



AMA QUEENSLAND

WOMEN IN MEDICINE BRISBANE *Breakfast*

REGISTER
NOW



Join us for an uplifting morning of support, education and networking. This event is one of the most highly anticipated events of the year as it is an opportunity to celebrate the incredible work of our female doctors and the amazing impact they make in the health care sector.

Grab your colleagues and catch up with friends as you learn the fundamentals of mentoring while enjoying a wonderful breakfast.

DATE

Thursday 19
October

VENUE

Waters Edge,
Hamilton

TIME

6.30am – 10am

TOPIC

Mentoring

COST

Student/DIT: **\$77**

Member: **\$82.50**

Non-member: **\$93.50**

Student/DIT – table of 10: **\$717**

Member – table of 10: **\$770**

Non-Member – table of 10: **\$880**

VIP breakfast table sponsor – table of 10: **\$2,500**

ama.com.au/qld/events/WIMBNE2023



AMA QUEENSLAND

MEMBER

Networking

EVENT

BRISBANE



Audi
Centre Brisbane



Come toast the end of 2023 with a sample of the finest drops from Wine Direct – Australia’s leading boutique distributor. Enjoy a tasting of six premium wines paired with a delicious charcuterie board and canapés in the Audi Centre Brisbane showroom. This is an exclusive, free member-only event and numbers are limited. Register early so you don’t miss out – this event sold out last year!

DATE

Wednesday 8 November

TIME

5.30pm to 7.30pm

VENUE

Audi, 586 Wickham Street,
Fortitude Valley

COST

FREE for AMA Queensland
members
2 x complimentary tickets
per member

REGISTER NOW



ama.com.au/qld/events/members-networking-event-brisbane-2023



AMA QUEENSLAND FOUNDATION CHARITY GALA

SATURDAY 18 NOVEMBER 2023

REGISTER NOW



Queenslanders experiencing long-term homelessness can expect to live 47 years. In 2023 we’re partnering with Beddown to tackle the health impacts of homelessness.

Our charity gala not only celebrates the collective impact of our donors, it will raise vital funds to help open six accommodation venues across Queensland and connect guests with healthcare services. Join us for a night of delicious food, inspiring stories, a silent auction, music, raffle and more.

DATE

Saturday 18 November

TIME

6.30pm to 10.30pm

VENUE

Customs House, 399 Queen Street, Brisbane

THEME

Black Tie with a touch of green

COST

Single ticket: **\$220** | Table of 10: **\$2,000**

VIP Gala dinner table sponsor – table of 10: **\$2,500**

ama.com.au/qld/events/2023-foundation-charity-gala