



AMA Queensland Senior Doctors Conference

Saturday 19 August 2023 | Waters Edge, Brisbane



Sponsors



ASADA

AUSTRALIAN
SENIOR
ACTIVE
DOCTORS
ASSOCIATION
INC.

Join ASADA

asada.asn.au/join-asada



The Australian Senior Active Doctors Association Inc. supports senior doctors through collegial networks, research and advocacy, and provides a voice for the issues of concern to them. ASADA recognises the immense value that senior doctors bring to their communities through their many years of expert medical practice and training.

Membership is open to all doctors and supporters:

- Working Doctors (in paid work) –\$100 per annum
- Retired Doctors (not in paid work) – \$50 per annum
- Non-doctor supporters – \$25 per annum

There is no defined age for a senior doctor. If ASADA resonates with you, then please join us!

All doctors will become senior doctors one day.

Email: ASADA_secretary@outlook.com

Join ASADA Inc.: asada.asn.au/join-asada

Read our newsletter: asada.asn.au/wise-medicine

Senior/retired doctors: benefits of joining AMA Queensland

1



Professional Networking: Joining AMA Queensland allows senior/retired doctors to stay connected with their colleagues and peers in the medical field. Networking can lead to new opportunities, collaborations, and knowledge-sharing.

2



Advocacy and Representation: The AMA is a strong advocate for doctors and the medical profession. Retired doctors can still have their voices heard and contribute to shaping healthcare policies and advocating for the profession's interests.

3



Access to Resources: AMA Queensland may provide access to resources, such as educational materials, publications, and updates on medical advancements and best practices.

4



Continuing Medical Education (CME): Some organisations offer CME opportunities to senior members, enabling them to stay informed about the latest medical developments.

5



Volunteer and Community Engagement: Retired doctors may be able to use their expertise and experience to give back to the community through various volunteer opportunities and public health initiatives supported by AMA Queensland.

6



Mentorship: Senior and retired doctors can become mentors for medical students, junior doctors, or other healthcare professionals, passing on their knowledge and wisdom to the next generation of physicians.

7



Social Events and Activities: AMA Queensland may organise social events, gatherings, and conferences that retired doctors can participate in, fostering a sense of camaraderie and engagement.

8



Access to Services and Benefits: Some professional organisations offer exclusive services, discounts, and benefits to their members, which may include retired doctors.



Contact the Membership team
on (07) 3872 2222 or email
membership@amaq.com.au

AMA Queensland membership is tax-deductible.

Join us today
ama.com.au/join





AMA QUEENSLAND
ANNUAL CONFERENCE

Lisbon

PORTUGAL

17 TO 23 SEPTEMBER 2023

Less than
10 rooms
left

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REGISTRATION FEES FROM \$300*
(EARLY BIRD, SEE WEBSITE FOR DETAILS)

LAND PACKAGE FROM \$4,390*
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FOR MORE INFORMATION VISIT
AMA.COM.AU/QLD



FOR REGISTRATIONS
(07) 5556 7267

ros.chillingworth@orbitworldtravel.com.au

Our AMA Queensland International Annual Conference has a long and proud history of bringing doctors together to discuss key issues facing the profession while immersed in unique tourism destinations. After a long three years onshore, we are thrilled to hold our international 2023 event in Lisbon, Portugal, with support from our corporate partner Orbit World Travel.

Portugal is a country of culture, colours and character. As the oldest-formed European country, this historic powerhouse has so much to offer. Visitors are drawn to Portugal's breathtaking mix of cultural and natural landscapes including 17 World Heritage-listed convents, monasteries, cities and regions. People flock to Portugal for its food and wine experiences. Lisbon hosts a cosmopolitan community bustling with restaurants, cafes and roof-top bars. **Join us at this much-anticipated conference destination.**

* For more details please visit our website
ama.com.au/qld/events/annual-conference/lisbon

Program

Time	Session	Speakers
8.30am	Registration open	
9am	Acknowledgement of Country and conference welcome	Assoc Prof Geoffrey Hawson ASADA President, AMA Queensland Council Senior Doctor Representative
	Session 1: Healthy ageing	Chair: Assoc Prof Geoffrey Hawson
9.10am	Embracing the power of positive ageing: Wisdom and the fundamental pragmatics of life	Dr Theresa Scott University of Queensland Senior Lecturer in Clinical Geropsychology
9.50am	Optimising brain health through lifestyle	Dr Kailas Roberts Psychiatrist and Psychogeriatrician
10.30am	Morning tea	
	Session 2: Senior doctors and the health system	Chair: Dr Dilip Dhupelia AMA Queensland Foundation Chair
11am	Advocacy, common sense and politics – the story so far	Assoc Prof Geoffrey Hawson
11.15am	Senior doctor registration – AMA Queensland and Federal AMA advocacy	Dr Maria Boulton AMA Queensland President
11.25am	A Queensland Health Perspective	Assoc Prof Catherine McDougall Queensland Health Chief Medical Officer
11.55am	Senior doctor contributions to emergency situations	Dr Geoffrey Beadle Icon Cancer Clinic Medical Oncologist
12.20pm	Panel discussion	Session 2 speakers
1pm	Lunch	

This program is subject to change by conference organisers.

Time	Session	Speakers
	Session 3: Encore careers	Chair: Dr Maria Boulton
2pm	Panel discussion: Welcome to the Boardroom: why senior doctors can make very good Directors	Dr Maria Boulton Assoc Prof Geoffrey Hawson Dr Dilip Dhupeli Dr Eleanor Chew OAM AMA Queensland Chair of Board, Member Elected Director Dr Peter Isdale AM AMA Queensland Skilled Director
2.30pm	New beginnings: Empowering senior doctors	Dr Ira van der Steenstraten Life Coach and Breeze Life Coaching Director
3pm	Afternoon tea	
	Session 4: Updates for senior doctors	Chair: Dr Kimberley Bondeson Redcliffe and District Medical Association President
3.30pm	Voluntary assisted dying update	Dr Fabian Jaramillo Metro South Health Voluntary Assistance Dying Service Director
4pm	Your travel guide to the world!	Ms Ros Chillingworth Orbit World Travel Conference and Events Manager
4.20pm	Panel discussion: Is your financial and legal health in order?	Mr Robert Lamb Hillhouse Legal Partners Director Mr Sav Angi Cutcher & Neale Partner
4.50pm	Soapbox presentations	
5.20pm	Conference closing	Assoc Prof Geoffrey Hawson
5.30pm	Networking drinks and canapés	
6.30pm	Optional post-conference dinner at Byblós (additional cost is \$68)	

Biographies



Associate Professor Geoffrey Hawson MBBS FRACP FACHPM FRCPA (1976) Dip. Clin. Hypnosis
ASADA President, AMA Queensland Council Senior Doctor Representative

Assoc Prof Hawson has been a medical specialist for over 45 years and an Eminent Specialist with Queensland Health for the 10 years preceding his retirement from public practice.

Assoc Prof Hawson established and/or developed oncology, haematology and palliative care services at The Prince Charles Hospital (TPCH) and Redcliffe, Caboolture Nambour Hospitals.

Widely published, he has extensive experience in research, clinical trials, pathology services, ethics and advisory committees. Currently, his part-time, private practice is in non-malignant haematology. He is a Director of the Compass Institute and President of the Australian Senior Active Doctors Association.



Dr Maria Boulton MBBS FRACGP GAICD
AMA Queensland President

Dr Boulton is an industry leader, GP specialist, business owner, media commentator and public speaker. With two decades' experience in private practice and hospitals in Brisbane and regional Queensland, she drives state and national medical policy as President of AMA Queensland. Dr Boulton's experiences growing up in El Salvador underpin her reputation as a compassionate advocate for doctors and patients. Immigrating to Australia in 1990, Dr Boulton completed her medical degree at The University of Queensland in 2002. She is a Fellow of the Royal Australian College of General Practitioners and a graduate and member of Australian Institute of Company Directors.



Mr Sav Angi B.Bus (Accountancy)
Cutcher & Neale Partner

Mr Angi works closely with his clients to get insight into their unique personal and financial circumstances to help them reach their goals. He enjoys working in partnership with clients to explain and implement wealth creation strategies such as effective tax structuring and debt reduction without losing sight of the important objective of asset protection. Drawing on more than 30 years of experience, he takes a holistic approach with his clients, allowing him to consider many aspects of clients' finances including their family, practice/business arrangements, investment strategies and retirement planning (including superannuation). This experience has allowed him to gain a deep understanding of all matters relating to tax, superannuation and finance matters which enables him to be a trusted financial adviser for his clients.



Dr Geoffrey Beadle MBBS FRACP FRACR
Icon Cancer Clinic Medical Oncologist

Dr Beadle is a medical oncologist with special interests in both general oncology and breast cancer. He has more than 20 years in practice of medical oncology at The Wesley Hospital, and as a Visiting Medical Oncologist at the Royal Brisbane and Women's Hospital.

Dr Beadle received his medical degree from the University of Queensland and trained in medical oncology and radiation oncology at the Peter MacCallum Cancer Centre in Melbourne. He undertook post graduate research at the Joint Centre for Radiation Therapy, Harvard Medical School, Boston. Dr Beadle is a Fellow of the Royal Australasian Collage of Physicians and the Royal Australian and New Zealand College of Radiologists.

He is a member of the Clinical Oncological Society of Australia and the American Society of Clinical Oncology. He has research interests in survivorship issues after breast cancer and is a visiting Scientist and Head of the Translational Research Laboratory at the Queensland Institute of Medical Research.



Dr Eleanor Chew OAM MBBS FRACGP MMed (GP) FAICD
AMA Queensland Chair of Board, Member Elected Director

Dr Eleanor Chew is a GP specialist with extensive experience representing the role of primary care in the health services profession. A graduate of the University of Queensland, Dr Chew has over 35 years' experience as a GP, working in a variety of practice settings across Australia.



Ms Ros Chillingworth
Orbit World Travel Conference and Events Manager

Ms Chillingworth has been working in the travel industry for almost 40 years and has seen so many changes.

During this time Ms Chillingworth has worked within the hotel, airline, retail, corporate and group travel areas.

The past 22 years Ms Chillingworth has teamed up with Orbit World Travel and the Australian Medical Association of Queensland to deliver the members a seamless quality service with complete end to end travel Management for not only the Annual conference as well as members independent travel.



Dr Dilip Dhupelia AFRACMA, Dip Obst ACOG, FAICD, FARGP, FRACGP, LRCPS(Ire)
AMA Queensland Foundation Chair

Trained in Dublin, Ireland, Dr Dhupelia immigrated to Queensland as a Registrar at Toowoomba Hospital and subsequently Medical Superintendent at Millmerran (1978-1982) before practising in Toowoomba (1982-2005) as a Rural Generalist Obstetrician.

Between 2006-2010 he was the Senior Medical Advisor for Medicare Australia. He has worked at Queensland Health since 2010 as the Director of Medical and Clinical Services of Queensland Country Practice, Queensland Rural Medical Service, and has operational responsibility of the successful Queensland Rural Generalist Program. Additionally, he does some clinical sessions as a part time general practitioner in Toowong, Brisbane. He was AMA Queensland President from 2018-2020 and is currently the Chair of the AMA Queensland Foundation.



Dr Peter Isdale AM PhD Hon DSc FQA MAICD
AMA Queensland Skilled Director

Dr Isdale has spent a lifetime helping bring science discoveries into platforms for others on which to build. He now works with organisations to solve strategic and organisational dilemmas. Author/co-author of more than 50 papers in the literature of marine science, he has also been involved in the genesis, governance and management of a dozen companies, large and small, successful and vanished, served as Chair or NED on more than 30 boards, and reached senior executive level in an ASX150 corporation.



Dr Fabian Jaramillo MBBS (Colombia) FRACGP
Metro South Health Voluntary Assistance Dying Service Director

Originally from Colombia, Dr Jaramillo has lived and worked throughout Queensland since 2007. He is the Acting Director of QVAD Support and Pharmacy Service, Director of the Metro South VAD Support Unit, and a practicing GP in Kenmore. Previously, he worked as a General Practice Liaison Officer with Metro North Health and Brisbane North PHN.

Dr Jaramillo was closely involved in the implementation of voluntary assisted dying in Queensland. Since the commencement of the scheme in January 2023, he has provided clinical leadership and plays a pivotal role in ensuring quality care and compassionate support for patients and their families.



Mr Robert Lamb LLM LLB
Hillhouse Legal Partners Director

Mr Lamb commenced at Hillhouse Legal Partners in January 2000 and became a partner in 2006. He is currently the practice lead in the Litigation, Employment and Industrial Relations and Wills, Estates and Trusts areas. Having appeared and litigated cases in all the State and Federal civil courts and tribunals in Queensland, he has excellent knowledge of the procedural rules of Queensland's courts.

Having joined the legal sector in 2000 after a career as a Registered Nurse, Mr Lamb has a strong ability to empathise with clients and work with them to understand and anticipate what legal help they need. With his vast knowledge and breadth of experience across diverse practice areas, he is a sought-after speaker at industry events and is regularly called upon to provide commentary on new laws and legislation and novel issues across print and radio.



Associate Professor Catherine McDougall BPHTY MBBS FRACS (Ortho)
Queensland Health Chief Medical Officer

Assoc Prof McDougall trained and worked as a physiotherapist prior to studying medicine at The University of Queensland. She completed her junior medical years at the Royal Brisbane and Women's Hospital, and trained as an orthopaedic surgeon in Queensland and Portland, Oregon, USA. Assoc Prof McDougall obtained her Fellowship with the Royal Australasian College of Surgeons (FRACS) in 2013 and completed post-Fellowship training in knee surgery, arthroplasty, and revision arthroplasty at the Gold Coast University Hospital and in The Royal Edinburgh Infirmary, UK. After six years as the Deputy Director of Orthopaedics at The Prince Charles Hospital (TPCH), she was appointed as the first Clinical Director of Surgery at the Surgical Treatment and Rehabilitation Service (STARS), a position she held until November 2022. Assoc Prof McDougall is the current Co-Chair of the of the Australia and New Zealand Hip Fracture Registry (ANZHFR), an Assistant Deputy Clinical Director of the Australian Orthopaedic Association National Joint Replacement Registry (AOANJRR), and is Associate Professor at the University of Queensland Medical School.



Dr Kailas Roberts MBChB FRANZCP Cert Old Age Psych
Psychiatrist and Psychogeriatrician

Dr Roberts is a psychiatrist with a particular interest in brain health and dementia, and the author of *Mind Your Brain, The Essential Australian Guide to Dementia*. He is also the creator of the BrainScan app that helps users optimise their brain health and function.

He runs Your Brain in Mind, a private multi-disciplinary memory clinic at Westside Private Hospital in Brisbane that provides a comprehensive service to those worried about cognitive decline, and those with dementia, as well as their family and carers.

Dr Roberts trained in Medicine in Leicester in the UK before further studying Psychiatry, including Old Age Psychiatry, both in the UK and Australia.



Dr Theresa Scott PhD (Psychology) B.Psych Sc, Grad Dip Soc Sc
University of Queensland Senior Lecturer in Clinical Geropsychology

Dr Scott brings a depth of experience and knowledge in researching functional outcomes for older individuals and those living with dementia in both community and residential aged care settings.

Her NHMRC-ARC Dementia Research Development Fellowship examined the complex issues surrounding dementia and driving, with the goal of translating a comprehensive support- and education-based driving cessation intervention for older people (CarFreeMe) for individuals with dementia and their care partners.

Her research group has recently secured an NHMRC MRFF grant, enabling them to collaborate with key stakeholders in developing essential educational resources and tools, including a video-based off-road fitness to drive test, specifically designed to eliminate existing barriers and enhance the management of dementia and driving within primary care settings.

In addition to her work on dementia and driving, her diverse research portfolio addresses vital topics such as ageism and dementia stigma prevention, psychosocial interventions for individuals with dementia and their caregivers, as well as the therapeutic benefits of social and therapeutic horticulture in combating loneliness, isolation, and depression.



Dr Ira van der Steenstraten MD
Life Coach and Breeze Life Coaching Director

Dr van der Steenstraten was born in The Netherlands where she trained as a psychiatrist, psychotherapist, and systems/family therapist. She has over 30 years of professional experience and worked in a variety of medical and therapeutic settings as a consultant psychiatrist.

She is the founder and director of Breeze Life Coaching and Vitae Wellbeing Leadership, specialising in personal and professional wellbeing and leadership. She is an internationally recognised and invited speaker who has developed several innovative Mindfulness, Resilience and Wellbeing programs for both adults and children, including the award-winning *Resilience on the Run* and *Wellbeing at Work* programs.

Dr van der Steenstraten is passionate about doctors' health and wellbeing. She has a position on the management committee of Doctors' Health in Queensland (DHQ) and is the President of the Queensland Medical Women's Society (QMWS) which organises mentor-mixers.

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Our experienced medical accounting specialists can help you relax into your retirement.



We work hard for you so you can enjoy the outcomes of your hard work. Contact us today for help with your retirement goals.



Timing, patient care continuity, and practice or hospital resources can complicate a doctor's retirement planning enough.

When you add in concerns about lingering debt, inadequate superannuation funds, and succession planning, what should be an exciting time can instead seem daunting.

At Cutcher & Neale, we have a wide range of services available to help guide your transition and provide practical support specific to your circumstances. Reduce the confusion by combining your different financial needs with one trusted advisor.

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Our legal team specialises in providing expert legal advice to businesses and individuals in the medical sector.

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It is our mission to be your trusted legal partner to help you navigate the complex legal landscape of the health and medical industry.



We understand your time constraints and offer meetings after hours in person, online or on location. Contact our team today to schedule a consultation and receive expert advice on all your legal needs.



Scan to keep in touch



Zac Herps, Managing Director

Zac provides strategic advice and solutions to some of the firm's largest and most prominent clients. With a business and commercial focus, Zac partners with clients to support them in achieving their career and personal objectives. He offers a flexible and responsive service, frequently meeting clients at their business premises, after hours.

0407 347 484
zac@hillhouse.com.au



Robert Lamb, Director

Robert has excellent knowledge of the procedural rules of the Queensland Courts, and has appeared in all the state and federal civil courts and tribunals in Queensland. He maintains a wealth of knowledge surrounding many practice areas, including wills and estates, employment, family, litigation and dispute resolution.

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AMA QUEENSLAND FOUNDATION
CHARITY GALA
SATURDAY 18 NOVEMBER 2023

Queenslanders experiencing long-term homelessness can expect to live 47 years. In 2023 we're partnering with Beddown to tackle the health impacts of homelessness.

Our charity gala not only celebrates the collective impact of our donors, it will raise vital funds to help open six accommodation venues across Queensland and connect guests with healthcare services. Join us for a night of delicious food, inspiring stories, a silent auction, live band, raffle and more.

DATE Saturday 18 November
TIME 6.30pm to 10.30pm
VENUE Customs House,
399 Queen Street, Brisbane
THEME Black Tie with a touch
of green
COST Single ticket: \$220
Table of 10: \$2,000
VIP Gala dinner table sponsor
– table of 10: \$2,500

REGISTER NOW



AMA.COM.AU/QLD/EVENTS/2023-FOUNDATION-CHARITY-GALA

AMA QUEENSLAND

**WOMEN IN
MEDICINE**
BRISBANE *Breakfast*

**REGISTER
NOW**



Join us for an uplifting morning of support, education and networking. This event is one of the most highly anticipated events of the year as it is an opportunity to celebrate the incredible work of our female doctors and the amazing impact they make in the health care sector.

Grab your colleagues and catch up with friends as you learn the fundamentals of mentoring while enjoying a wonderful breakfast.

DATE
Thursday 19 October
VENUE
Waters Edge, Hamilton
TIME
6.30am – 10am
TOPIC
Mentoring

COST
Student/DIT: **\$77**
Member: **\$82.50**
Non-member: **\$93.50**
Student/DIT – table of 10: **\$717**
Member – table of 10: **\$770**
Non-Member – table of 10: **\$880**
VIP breakfast table sponsor – table of 10: **\$2,500**
ama.com.au/qld/events/WIMBNE2023

