

AMA QUEENSLAND
ANNUAL CONFERENCE

Lisbon

PORTUGAL

17 TO 23 SEPTEMBER 2023



QLD.AMA.COM.AU

Lisbon

PORTUGAL

Lisbon is one of Europe's most charismatic and vibrant cities, effortlessly blending traditional heritage, striking modernism and progressive thinking. The capital city of Portugal has a rich and varied history on display, such as the imposing Sao Jorge Castle and Belem Tower. The view of the old city encompasses the pastel-coloured buildings, Tagus Estuary and Ponte 25 de Abril suspension bridge. Within a very short distance from the city is a string of Atlantic beaches, from Cascais to Estoril. Lisbon is home to a spectacular range of eateries, a buzzing nightlife and glorious September weather.



Hotel TIVOLI AVENIDA LIBERDADE

Tivoli Avenida Liberdade is a true landmark, delivering exceptional hospitality since 1933. It is located in Lisbon's most luxurious shopping district and steps away from the charming historic neighbourhoods of Chiado and Alfama. From deluxe rooms to stunning suites, the hotel offers luxuriously appointed contemporary rooms with views for all tastes, making each stay an unforgettable experience.

Treat yourself to inspiring cuisine and an upbeat atmosphere at the rooftop

restaurant. Sip one of the signature cocktails at the locally renowned Sky Bar, while enjoying stunning views of the city's seven hills.

Balancing a sense of timeless glamour, the Anantara Spa is a haven of peacefulness and Asian well-being, offering unique wellness journeys deeply rooted in authentic luxury and holistic practices. The outdoor swimming pool, tucked into semi-tropical greenery, leads the way to relaxation after a stroll in the city.

Itinerary

2023

SUNDAY 17 SEPTEMBER

- ▶ Group transfers to the conference hotel are available for those arriving into Lisbon Airport on 17 September.
- ▶ **7PM – 9PM** Welcome function. Enjoy a special introduction to Lisbon at our welcome function at the hotel.

MONDAY 18 SEPTEMBER

- ▶ Breakfast included.
- ▶ **8.15AM – 1PM** Conference sessions.
- ▶ **1PM – 2PM** Lunch included.
- ▶ **AFTERNOON** Orientation tour of Lisbon.

We will proceed towards Restauradores Square where you will walk to the downtown area and continue uphill until we reach Alfama quarter. Explore the Alfama district, wandering through its becos and largos (small squares), allowing the senses to be your guide! Hear the sounds of fado and touch some dazzling tilework.

We will continue to Belém on a panoramic tour, where you can take a photo at Jerónimos Monastery, followed by a coffee break with a stunning view over the Tagus River.

Our journey will include a visit to the neoclassical, former royal residence, Ajuda National Palace.

**Note: Historical sites are closed on Mondays in Belém, all viewing will be from outside.*

TUESDAY 19 SEPTEMBER

- ▶ Breakfast included.
- ▶ **8.30AM – 1PM** Conference sessions.
- ▶ **LUNCH** Own arrangements.
- ▶ **AFTERNOON** Optional tour of Belém's Discoveries Quarter.

WEDNESDAY 20 SEPTEMBER

- ▶ Breakfast included.
- ▶ Today we will journey about one hour from Lisbon to the town of Óbidos. It remains a well-preserved example of medieval architecture with Roman and Moorish heritage. The area was taken from the Moors by the first King of Portugal, Afonso Henriques, in 1148 and has often been patronised by Portugal's queens, giving rise to its informal title as Vila das Rainhas (Town of the Queens). Several royal consorts enriched the village with donations from the Middle Ages until the 16th Century. The castle, situated at the highest point, was built by order of King Dom Dinis (14th Century), who gave it as a wedding gift to his wife Dona Isabel, the Holy Queen. This delightful town of white houses adorned with bougainvillea and honeysuckle is entirely surrounded by medieval walls.

Located about 10km from Óbidos, we will find the quite secular Companhia Agrícola do Sanguinhal, remarkably well known for its historical beauty and its great wines. We will stop and enjoy lunch and some wine tastings in the heart of the Óbidos Demarcated Region.

THURSDAY 21 SEPTEMBER

- ▶ Breakfast included.
- ▶ **8.30AM – 1PM** Conference sessions.
- ▶ **LUNCH** Own arrangements.
- ▶ **AFTERNOON** Optional tour, a cruise on the Tagus River.

FRIDAY 22 SEPTEMBER

- ▶ Breakfast included.
- ▶ **8.30AM – 1PM** Conference sessions.
- ▶ **LUNCH** Own arrangements.
- ▶ **AFTERNOON** Optional tour, Cascais and the Lisbon Coast.
- ▶ **EVENING** Farewell dinner. Enjoy a farewell evening celebrating the local culture and history.

SATURDAY 23 SEPTEMBER

- ▶ Breakfast included.
- ▶ Group departure transfers to the airport are available for those departing on 23 September.



Pre/Post Conference TOURS

OPTION 1 – PRE/POST CONFERENCE

Porto

PRE CONFERENCE 14 SEPTEMBER – 17 SEPTEMBER (3 NIGHTS)

▶ **DAY 1 – THUR 14 SEP**

Porto
Arrive in Porto.

▶ **DAY 2 – FRI 15 SEP**

Porto
Porto is known for its stately bridges and port wine production. In the medieval Ribeira (riverside) district, narrow cobbled streets wind past merchants' houses and cafes. São Francisco Church is known for its lavish baroque interior with ornate gilded carvings. The palatial 19th-century Palácio da Bolsa, formerly a stock market, was built to impress potential European investors.

▶ **DAY 3 – SAT 16 SEP**
Porto (day tour to Braga)

View the oldest cathedral in Portugal and glimpse into the extensive history of this northern city.

▶ **DAY 4 – SUN 17 SEP**
Porto, Lisbon

Drive from Porto to Lisbon and sightsee along the way in Aveiro, known as the *Portuguese Venice*.

POST CONFERENCE 23 SEPTEMBER – 26 SEPTEMBER (3 NIGHTS)

▶ **DAY 1 – SAT 23 SEP**
Lisbon, Porto

Drive from Lisbon to Porto and sightsee along the way in Aveiro, known as the *Portuguese Venice*.

▶ **DAY 2 – SUN 24 SEP**
Porto (day tour to Braga)



View the oldest cathedral in Portugal.

▶ **DAY 3 – MON 25 SEP**
Porto

Visit the medieval Ribeira (riverside) district, São Francisco Church, and 19th-century Palácio da Bolsa.

▶ **DAY 4 – TUE 26 SEP**
Porto

Day at leisure or depart for your next destination.



Book and
deposit by
31 Jan 2023 for
special offers

OPTION 2 – PRE CONFERENCE

European River Cruise

PRE CONFERENCE
9 SEPTEMBER
– 17 SEPTEMBER 2023
(9 DAYS)

Uniworld Douro River – *SS Sao Gabriel*

▶ **DAY 1 – SAT 9 SEP**

Porto

Arrive in Porto.

▶ **DAY 2 – SUN 10 SEP**

Porto (day tour to Braga)

View the oldest cathedral in Portugal and glimpse into the extensive history of this northern city.

▶ **DAY 3 – MON 11 SEP**

Porto, Entre-os-Rios

Choice of Porto city tour or *Do as the Locals Do* Porto walking tour.

▶ **DAY 4 – TUE 12 SEP**

Entre-os-Rios, Régua, Pinhão

Excursions: Douro Museum, lunch at a local quinta, Douro Museum.

▶ **DAY 5 – WED 13 SEP**

Pinhão, Vega de Terrón

Douro River Valley, tasting at a prestigious port wine estate or a vineyard hike with a wine tasting at a local quinta.

▶ **DAY 6 – THUR 14 SEP**

Vega de Terrón (Salamanca), Barca d'Alva

Dock near the Spanish border, visit the historic university town of Salamanca – the *Golden City*, famous for its sand-coloured buildings and abundance of churches.

▶ **DAY 7 – FRI 15 SEP**

Barca d'Alva, Régua

Côa Valley Archaeological Park or Castelo Rodrigo.

▶ **DAY 8 – SAT 16 SEP**

Régua (Guimarães), Porto

Portugal's birthplace. Choice of Guimarães city tour or Porto surprise discovery tour.

▶ **DAY 9 – SUN 17 SEP**

Porto, Lisbon

Disembark at Porto and transfer by tour via Aveiro to Lisbon for the start of the conference.



Book and deposit by
31 Jan 2023 for
special offers

OPTION 2 – POST CONFERENCE

European River Cruise

POST CONFERENCE
23 SEPTEMBER
– 1 OCTOBER 2023
(9 DAYS)

Uniworld Douro River – *SS Sao Gabriel*

▶ **DAY 1 – SAT 23 SEP**

Lisbon, Porto

Transfer to Porto via Aveiro.

▶ **DAY 2 – SUN 24 SEP**

Porto (day tour to Braga)

View the oldest cathedral in Portugal and glimpse into the extensive history of this northern city.

▶ **DAY 3 – MON 25 SEP**

Porto, Entre-os-Rios

Choice of Porto city tour or *Do as the Locals Do* Porto walking tour.

▶ **DAY 4 – TUE 26 SEP**

Entre-os-Rios, Régua, Pinhão

Excursions: Douro Museum, lunch at a local quinta, Douro Museum.

▶ **DAY 5 – WED 27 SEP**

Pinhão, Vega de Terrón

Feel the centuries fall away as your ship winds its way through the pristine, dramatic, UNESCO-protected landscapes of the Douro River Valley. Choose between a tasting at a prestigious port wine estate or a vineyard hike with a wine tasting at a local quinta.

▶ **DAY 6 – THUR 28 SEP**

Vega de Terrón (Salamanca), Barca d'Alva

What adventures await you in Spain today? The ship docks near the Spanish border, where you may head across the country to the historic university town of Salamanca – the *Golden City* – famous for its sand-coloured buildings and abundance of churches.

▶ **DAY 7 – FRI 29 SEP**

Barca d'Alva, Régua

A tiny village surrounded by mountains, Barca d'Alva is your base for today's adventures. Choice of Côa Valley Archaeological Park or Castelo Rodrigo.

▶ **DAY 8 – SAT 30 SEP**

Régua (Guimarães), Porto

Guimarães is the town where Portugal was born and its well-preserved architecture and stylish young residents make it a pleasure to visit. You can opt to explore one of Porto's oldest neighbourhoods, picturesque Ribeira, considered the soul of the city. Choice of Guimarães city tour or Porto surprise discovery tour.

▶ **DAY 9 – SUN 17 SEP**

Porto

Disembark at Porto for your onward travel.

Bespoke

OPTIONS

Once you are in Europe the options for pre and post conference tours open up to unlimited possibilities. Contact us to discuss your ideas and receive experienced and trusted advice:

ROS CHILLINGWORTH (BULAT)
AT ORBIT WORLD TRAVEL

P 1300 262 885

E ros.chillingworth@orbitworldtravel.com.au

PO Box 4943, GCMC QLD 9726

OPTION 3 – POST CONFERENCE

Morocco AND Spain

POST CONFERENCE
23 SEPTEMBER
– 4 OCTOBER 2023
(11 NIGHTS/12 DAYS)

- ▶ **DAY 1 – SAT 23 SEP**
Lisbon, Casablanca
Fly to Casablanca. Visit the famed Ricks Café and the Hassan II Mosque, Anfa, often described as Morocco's Beverly Hills, and the seaside resort of Ain Diab.
- ▶ **DAY 2 – SUN 24 SEP**
Marrakech
Visit the Koutoubia Mosque and El Bahia Palace and, after lunch, the famous Souks and Djemaa El Fna Square.
- ▶ **DAY 3 – MON 25 SEP**
Ait Ven Haddou, Ouarzazate
Visit the UNESCO-restored kasbahs of Ait Ben Haddou and Kasbah Taourirt.
- ▶ **DAY 4 TUE 26 SEP**
Merzouga Desert Camp
Travel through Tinghir, the Todra Gorges to Erfoud and by 4WD to the foot of the dunes for dinner under the stars.
- ▶ **DAY 5 WED 27 SEP**
Merzouga, Fes
Return by 4WD to Erfoud and continue overland to Fes via Errachidia, Midlet and Ifrane.
- ▶ **DAY 6 – THUR 28 SEP**
Fes, Marbella
Visit one of the largest living medieval cities in the world. Private visit to an 18th century Riad (traditional Islamic courtyard house). Fly to Malaga, Spain, overnighing in Marbella.
- ▶ **DAY 7 – FRI 29**
Marbella, Ronda, Seville
Drive through the mountains to Ronda, one of Spain's oldest cities. Lunch at Los Frutales Winery for lunch and join in the harvest. Evening at leisure in Seville.

- ▶ **DAY 8 – SAT 30 SEP**
Seville
Guided walking tour including the Cathedral, the Alcazar and the Santa Cruze Quarter. Tapas lunch and optional flamenco lesson at Museo del Flamenco. Dinner and a flamenco show.
- ▶ **DAY 9 – SUN 1 OCT**
Seville Cordoba, Madrid
Early train to Cordoba, the Andalusian regional capital. Sights include the Great Mosque, or Mezquita, the ancient Jewish Synagogue, and Cordoba's medieval quarter La Juderia. High-speed train from Cordoba to Madrid.
- ▶ **DAY 10 – MON 2 OCT**
Madrid
City tour and visit the Royal Palace of Madrid in the famous Plaza de Oriente.
- ▶ **DAY 11 – TUE 3 OCT**
Madrid
Toledo day tour.
- ▶ **DAY 12 – WED 4 OCT**
Depart Madrid

BARCELONA EXTENSION: **4 OCTOBER – 7 OCTOBER** **(3 NIGHTS)**

- ▶ **DAY 12 – WED 4 OCT**
Madrid, Barcelona
Train from Madrid to Barcelona.
- ▶ **DAY 13 – 15**
– THUR 5/ FRI 6/SAT 7 OCT
Barcelona
Explore sights such as La Sagrada Familia cathedral and other modernist landscapes by Antoni Gaudi. Take the opportunity to learn a little Spanish cooking and wander the famous La Rambla.



Land PACKAGE

\$4,390*

LAND PACKAGE PRICE
PER PERSON – TWIN SHARE

\$5,990*

LAND PACKAGE PRICE
PER PERSON – SINGLE

Contact Orbit World Travel for a selection of airfare choices.

Note: these costs exclude airfares, registration fees, travel insurance and any incidentals not listed.

THE DELEGATE PACKAGE INCLUDES**

- ▶ Six (6) nights' accommodation (twin share) Tivoli Avenida Liberdade Hotel, Lisbon
 - ▶ Buffet breakfast daily
 - ▶ Four (4) half-day conference sessions, including morning tea
 - ▶ One (1) conference lunch
 - ▶ Welcome function with entertainment, including food and beverages
 - ▶ Tour – Half day in Lisbon, featuring Ajuda National Palace
 - ▶ Tour – Full day to the medieval town of Óbidos and lunch at wine estate
 - ▶ Farewell dinner with transfers, meal, beverages and entertainment
 - ▶ Transfer – return group transfers from Lisbon Airport.

* Due to varied delegate departure points, airfares can be added based on personalised requirements by Orbit World Travel.

** Subject to change.

YOUR PREFERRED AIRLINES

- ▶ Emirates
- ▶ Other

Registration FEES

Registration fees for the 2023 AMA Queensland Annual Conference are shown below and early-bird rates are available until 4 February 2023.

CATEGORY	EARLY-BIRD PRICE Ends 4 February 2023	REGULAR PRICE
Doctor – AMA member	\$700	\$850
Doctor – non-AMA member	\$1,450	\$1,650
Doctor in training	\$300	\$350
Associate conference participant [^]	\$425	\$475
Non-conference participant [†]	\$210	\$250
Child	\$105	\$125

[^] Associate conference participant includes: practice managers, registered nurses, industry professionals, other professionals.

[†] Non-conference participant includes: life partners, family members, friends who do not fit within other registration categories.

TERMS AND CONDITIONS

RESERVATIONS AND PAYMENTS

Your reservation will be confirmed in writing upon receipt of the registration form and deposit of \$950 per person. Final payment is required by 26 June 2023.

BOOKING AMENDMENTS

No fees will be charged for changes made prior to final payment. Once final payment has been received, changes to airline reservations are subject to particular airline rules and conditions but a minimum fee of \$100 per ticket will apply. Changes to other components of this package will be on request basis and applicable fees will be advised at that time. Once tickets have been issued, name changes are treated as a cancellation by many airlines; the fee will be on application and will vary based on the airline. Please ensure the booking name matches the passport details exactly.

CANCELLATIONS

Travel insurance is essential and should be requested at the time of registration. Subject to policy conditions, travel insurance will cover cancellation due to unforeseen reasons. Notification of cancellation to Orbit World Travel must be received in writing before any action can be taken.

CANCELLATION OF TRAVEL PACKAGE

- ▶ Cancellation prior to final payment date – loss of deposit
- ▶ Cancellation up to 30 days prior to departure – 50%
- ▶ Cancellation within 30 days of departure – no refund.

PASSPORTS AND VISAS

For those travelling on Australian, New Zealand and UK passports, no visa is required for travel to Portugal. Please ensure your passport has at least six months' validity beyond your intended period of stay and has two full blank adjacent pages. This is the responsibility of the traveller. It is essential that delegates check visa requirements for other destinations and passport types with Orbit World Travel.

PRICE CHANGES

The Orbit World Travel conference package is quoted in Australian Dollars and is based on exchange rates as of September 2022. The package price is subject to change due to influences outside Orbit World Travel control, such as (but not limited to) currency fluctuation, airport taxes, government charges and airline fuel surcharges. Orbit World Travel is a fully accredited member of peak industry bodies IATA and ATAS, and an associate member of the CT Partners group of companies. These memberships provide our customers surety around our trading practices, standards and consumer protection.

PRIVACY

Your details are kept confidential and will not be provided to any other source without your consent.

ITINERARY AND SCHEDULES

Although no changes are anticipated, this itinerary may be altered or modified as required without notice or liability of change. Orbit World Travel is acting in the capacity of an Agent and cannot be held responsible for the services of operators included in this package.

COVID-19 POLICY

During these unprecedented times border closers may occur based on state government policies and restrictions. These policy changes are outside the control of Orbit World Travel, AMA Queensland and the travel suppliers. Should there be a travel restriction/ban or should the conference planning committee have concerns over heightened risk to its members, a decision may be made to alter or cancel this conference. Should a complete cancellation of the conference occur due to COVID-19 any refunds that are obtained from the suppliers will be refunded to the delegates. Should an alternative new travel date be arranged by the conference planning committee your payments will be transferred automatically. Alternatively standard cancellation fees apply.

Conference REGISTRATION

REGISTRATION TYPES:

- A – DOCTOR (AMA MEMBER)
- B – DOCTOR (NON-AMA MEMBER)
- C – DOCTOR IN TRAINING
- D – ASSOCIATE CONFERENCE PARTICIPANT
- E – NON-CONFERENCE DELEGATE
- F – CHILD

Please note that names must match your passport exactly for accurate ticketing.⁺
Please provide a copy of your current passport.

MAIN DELEGATE 1: Registration type: _____ Title: _____ First name: _____
Middle name (all): _____ Surname: _____
Preferred name on name tag: _____ Nationality: _____
Postal address: _____
Suburb: _____ State: _____ Post code: _____
Phone (Home): _____ Phone (Business): _____
Mobile: _____ Email: _____
Tax invoice made out to: _____
Special dietary/medical requirements: _____
• • • • •

DELEGATE 2: Registration type: _____ Title: _____ First name: _____
Middle name (all): _____ Surname: _____
Preferred name on name tag: _____ Nationality: _____
Postal address: _____
Suburb: _____ State: _____ Post code: _____
Phone (Home): _____ Phone (Business): _____
Mobile: _____ Email: _____
Tax invoice made out to: _____
Special dietary/medical requirements: _____
• • • • •

DELEGATE/FAMILY 3: Registration type: _____ Title: _____ First name: _____
Middle name (all): _____ Surname: _____
Preferred name on name tag: _____ Nationality: _____
Postal address: _____
Suburb: _____ State: _____ Post code: _____
Phone (Home): _____ Phone (Business): _____
Mobile: _____ Email: _____
Tax invoice made out to: _____
Special dietary/medical requirements: _____
• • • • •

DELEGATE/FAMILY 4: Registration type: _____ Title: _____ First name: _____
Middle name (all): _____ Surname: _____
Preferred name on name tag: _____ Nationality: _____
Postal address: _____
Suburb: _____ State: _____ Post code: _____
Phone (Home): _____ Phone (Business): _____
Mobile: _____ Email: _____
Tax invoice made out to: _____
Special dietary/medical requirements: _____
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FOR ADDITIONAL FAMILY MEMBERS, PLEASE SUPPLY SAME RELEVANT DETAILS

Note: If selecting family travel, an Orbit World Travel representative will contact you to discuss options directly.

⁺ Reissue fees will apply in the event that ticket details are amended subsequent to ticket issue.

Please see return details for this form overleaf.

Accommodation AND Travel

ACCOMMODATION PREFERENCES

- Single Double share (couple) Family*
 Twin share: Name if sharing with friend on separate registration:

PREFERRED AIRLINE FOR TRAVEL

- Emirates Other: _____

CLASS OF TRAVEL

- Economy Premium Economy Business

Preferred itinerary including dates: _____

PRE AND POST CONFERENCE TOUR PREFERENCES:

- OPTION 1** Porto (pre) 14 – 17 Sep 2023 Porto (post) 23 – 26 Sep 2023
OPTION 2 Uniworld Douro River Cruise (pre) 9 – 17 Sep 2023
 Uniworld Douro River Cruise (post) 23 Sep – 1 Oct 2023
OPTION 3 Morocco and Spain (post) 23 Sep – 4 Oct 2023
 Spain extension to Barcelona (post) 4 – 7 Oct 2023
 Other? _____

OTHER TRAVEL INFORMATION OR SPECIAL NEEDS:

DEPOSIT AND PAYMENT DETAILS

Please note \$950 per person deposit for travel is required on receipt of this form.

\$950 x * _____ = \$ _____ .00 deposit

* Total number of travellers including adults and children.

Please charge my credit card:

- Visa AMEX Mastercard Diners+

For the amount of \$ _____

Card number: (please print clearly)

_____ CCV: _____ Exp date: _____

Name: _____

Signature: _____ Date: _____

+ A merchant fee will apply

- Cheque enclosed for: \$ _____
(payable to Orbit World Travel Pty Ltd)

Conference registration will be invoiced separately by AMA Queensland.

DECLARATION

I acknowledge that I have read and accepted the conditions of this package.
I acknowledge that I will be given a personalised summary of costs from Orbit World Travel on finalisation of my itinerary.

Signature: _____ Date: _____

Early Bird PRIZE

Delegates who register and pay their deposit by 4 February 2023 will go in a lucky draw to win:

- ▶ Dinner for two at SEEN Lisboa restaurant.
- ▶ AMA Queensland optional afternoon tour for two, while in Lisbon.

Orbit
WORLD TRAVEL

**PLEASE RETURN TO
ORBIT WORLD TRAVEL:**

PO Box 4943, GCMC QLD 9726

PHONE: 1300 262 885

DIRECT LINE: (07) 5556 7267

EMAIL:

ros.chillingworth@orbitworldtravel.com.au

Lic No. TAG1502 ABN 920 806 296 989