

Pre & Post Event Tour-
FRASER COAST

Fraser Coast Health Conference

QUEENSLAND'S
Fraser Coast
NATURE • HERITAGE • REEF

visitfrasercoast.com



1800 811 728

For Bookings and Infor-

Welcome

The Fraser Coast Visitor Information Centres welcome participants of the Fraser Coast Health Conference in 2023.

A selection of dining choices, places to explore in free times, discovery tours and relaxation options are included within this booklet to assist in planning your time on the Fraser Coast.

We wish you all the very best during the conference and we hope to have the opportunity to welcome you and your family back to the Fraser Coast in the future.

Activity Price Guide - \$ (less than \$20) \$\$ (\$20 to \$50) \$\$\$ (over \$50) - (prices are subject to change without notice)

HERVEY BAY VISITOR INFORMATION CENTRE



- Tour and Accommodation Bookings
- Gift shop and Visitor Information
- Opens Daily - 9am to 5pm

227 Maryborough-Hervey Bay Road, Hervey Bay

MARYBOROUGH VISITOR INFORMATION CENTRE



- Tour and Accommodation Bookings
- Gift shop and Visitor Information
- Weekdays - 9am to 4pm - Weekends - 9am to 1pm

City Hall, 388-396 Kent Street, Maryborough

Let us help you plan your Pre and Post Competition Touring

Hervey Bay Visitor Information Centre



For Bookings & Information

1800 811 728

tourismhb@visitfrasercoast.com



Where nature comes alive

The Fraser Coast is world famous for some of the most interactive natural experiences on

The Fraser Coast stands out in a tourist-rich state where sunshine, the beach and surf are synonymous with the relaxed lifestyle of one of the best addresses on earth.

Great icons of Queensland are on our doorstep - World Heritage-listed Fraser Island (K'gari) and the exclusive coral cay of Lady Elliot Island at the southern tip of the Great Barrier Reef. Hervey Bay, at the heart of the region and centrally located within the UNESCO recognised Great Sandy Biosphere, rightly claims the title as whale watching capital of Australia - accredited in 2019 as the first Whale Heritage Site in the world.

This is the home of big nature experiences - where you can stand dwarfed by centuries-old trees with three-metre girths in the rainforests or paddle in cool perched lakes on Fraser Island and swim with giant humpbacks as they play along the Hervey Bay coast, or in the company of hundreds of manta rays off Lady Elliot Island.

The Fraser Coast is also a place of simple pleasures, offering families a wide choice of relaxing activities, without the stress of crowds often present at larger tourist centres.

The tranquil waterways of the Great Sandy Strait are a haven for all

kinds of aquatic adventures and the quaint coastal townships frame a wetland area of profound international significance.

Inland, the heritage city of Maryborough, one of Queensland's oldest provincial cities and for a time its industrial powerhouse, augments the natural attraction of the coast with its authentic Australian country charm.

With wide stretches of coastline, islands and a hinterland covering more than 7,000 square kilometres, there is time and space to drink in the beauty here without feeling crowded or rushed.

The region offers affordable island, bay, beach and heritage experiences in an unrivalled natural environment. Going to the beach, swimming in the safe waters of the bay in the lee of Fraser Island and dining out have stood the test of time and remain the most popular activities for visitors to the region.

The Great Sandy Biosphere, comprising of Fraser Island and the wetlands of the Great Sandy Strait, is one of the best fishing nurseries on the nation's east coast and a mecca for anglers who visit year-round.

Fraser Island and the coast which has adopted its name has long been a special place.

A Butchulla welcome to all visitors to the Fraser Coast

Galangoor djali, Yanidjin nyinam gumari galangoor gawun ngaa marigurim dugoo.

Good day, Intend to walk, stay safe, shielded in good health, care with good heart.

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tourismhb@visitfrasercoast.com

Where to eat



CAFÉ BALAENA

- Breakfast Lunch & Dinner
- Dining on deck overlooking Marina
- Local fresh ingredients
- Licensed

Ph: 4125 4799
Shop 7, Great Sandy Straits Marina, Tourist Centre, Urangan \$\$



EL PUERTOS BRAZILIAN BBQ

- Authentic Brazilian cuisine
- Cooked over open wood-fired char
- Traditional Latin American cocktails

Ph: 07 4197 8788
Buccaneer Dr, Urangan \$\$



BANKSIA SEAFOOD AND GRILL

- Local Seafood
- Modern Australian Grill
- Award winning Head Chef
- Lunch & Dinner

bookings@banksiaseafoodgrill.com.au
4/381 Charlton Esp, Hervey Bay \$\$



CODY'S COFFEE SHACK

- Drinks and light meals
- Dine In and Takeaway
- Outdoor Café with Beach Views
- Family Friendly

Ph: 0466 309 801
400 Esplanade, Torquay \$



MADDIGAN'S SEAFOOD

- Local fish, chips and burgers
- Takeaway only
- Directly across from Park and Picnic area on beachfront at corner Tavistock Street

Ph: 07 4128 4202
401 Esplanade, Torquay \$



EAT AT DAN & STEPH'S

- Unique Menu showcasing local produce
- Gourmet Sausages
- Breakfast & Lunch
- Beachfront views

Online Bookings
Shop 1B, 449 Esplanade, Hervey Bay \$



For Bookings & Information

1800 811 728

tourismhb@visitfrasercoast.com



ODYSSEY BISTRO

- Modern Australian Cuisine
- Bistro & bar
- Fresh local seasonal produce
- Lunch & Dinner

Ph: 07 4183 8477
4/341 Esplanade, Scarness \$\$\$



THE DOCK HERVEY BAY

- Pizza, Pasta Ribs
- Pick Up or Takeaway
- Online Order option

Ph: 0492 815 742
Buccaneer Drive, Hervey Bay \$\$



HERVEY BAY BOAT CLUB

- Casual dining
- A la carte dining
- Modern Australian Cuisine
- Directly on waterfront at Marina

Ph: 07 4128 9643
Buccaneer Drive, Urangan \$



SALT CAFE

- Breakfast, Lunch or Coffee
- Gluten Free and Dietary Options
- Dine In or Takeaway
- Perfect views of Urangan Pier

Ph: 07 4124 9722
569 Esplanade, Urangan \$



CAULDRON BREWING

- 20 International & modern era craft beer styles & ciders
- Beers made and served fresh
- Tasty food options
- Working brewery

Ph: 0408 587 759
1 Old Maryborough Road, Pialba \$



BAYSWATER BAR & GRILL

- Australian Cuisine
- Alfresco Bar & Grill
- Overlooking Urangan Pier
- Pizza & Gelato bar available

Ph: 07 4194 6444
569 Esplanade, Hervey Bay \$



Where to eat



THE CLUBHOUSE

- Bistro style meals
- Open Lunch & Dinner
- Bar including craft beers, wines
- Adjoining Hervey Bay Golf Club

Ph: 07 4124 1177
Cnr Tooth Street & Old Maryborough Rd \$



BEACH HOUSE HOTEL

- Licensed Bistro/Bar
- Dine In Lunch and Dinner
- Beach Views
- Kid's Room

Ph: 07 4196 9366
344 Esplanade, Scarness \$



ENZO'S ON THE BEACH

- Breakfast, Lunch, and Dinner
- Licensed
- Directly on Beachfront
- Relaxed beach atmosphere

Ph: 07 4124 6375
351a Esplanade, Pialba \$



WATERS EDGE RESTAURANT & BAR

- Casual fine dining
- Oceanfront views
- Classic dishes from land & sea
- Wine paring

Ph: 07 4125 2878
1/566 Esplanade, Urangan \$\$



SMOKEY JOE'S CAFÉ BAR & GRILL

- Breakfast, Lunch and Dinner
- Dine In, Takeaway or Delivered
- Steakhouse, seafood, western
- Live entertainment Friday & Saturday

Ph: 07 4197 0567
627 Charlton Esplanade, Urangan \$\$



AQUAVUE CAFÉ RESTAURANT

- Dine In Breakfast, Lunch and Coffee
- Cater for all dietary requirements
- Directly on Beachfront
- Licensed

Ph: 07 4125 5528
415a Esplanade, Torquay \$



BAR SOMA

- Small, intimate venue
- Modern, Australian fare
- House cocktails, wines & beer

5/346 Esplanade, Scarness \$

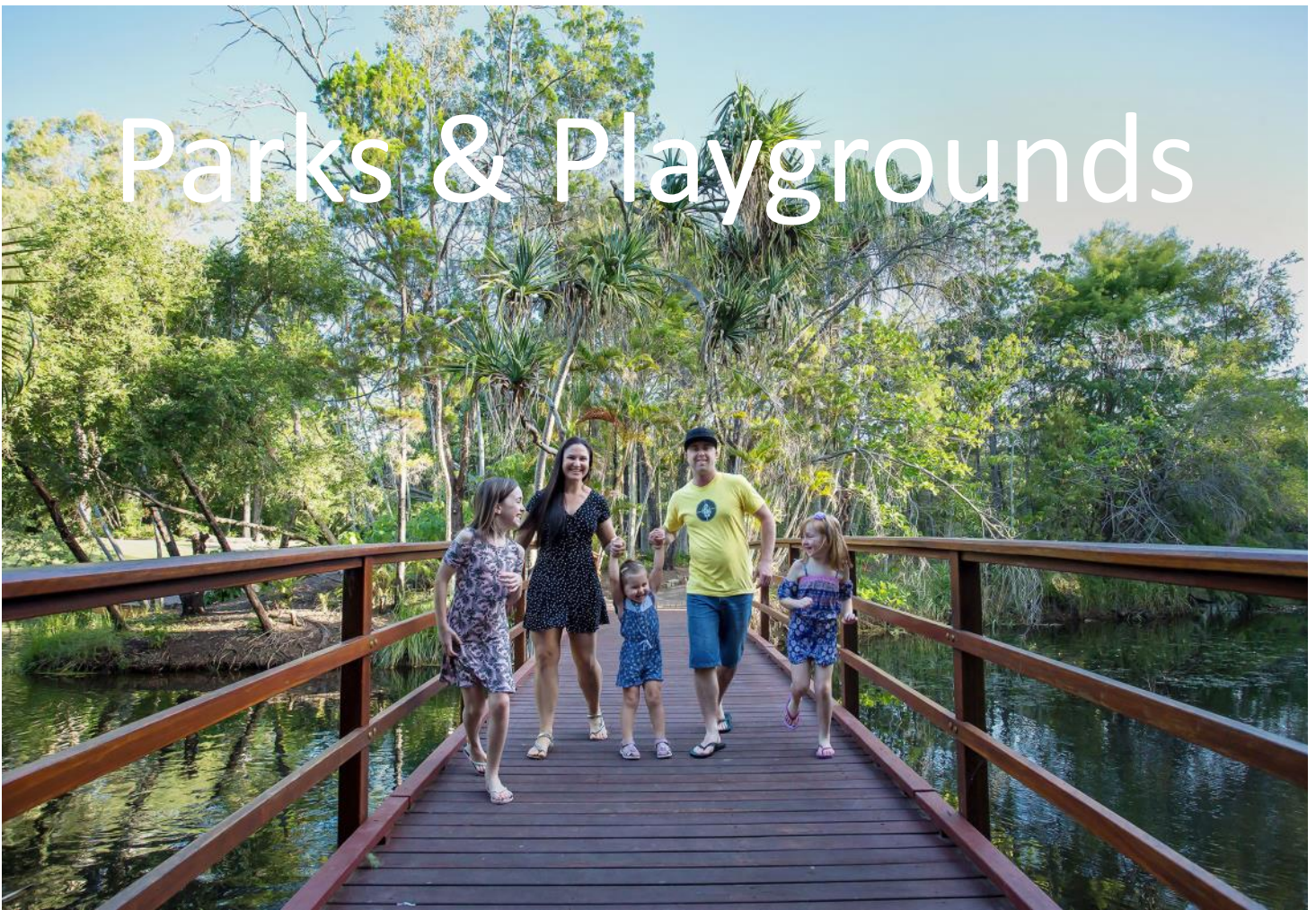


19XO WINE & COCKTAIL

- Premier Wine & Cocktail Bar
- Gourmet Cheese & Charcuterie
- Afternoon/Evening
- Smart Casual

Ph: 0477 244 844
414B Esplanade, Torquay \$

Parks & Playgrounds



SKATESIDE & ADVENTURE SIDE PARK

- Adventure Playground
- BMX, Scooter and Skateboard Park
- Picnic Area
- Amenities
- Adjacent to Beach

294 Esplanade, Pialba



SCARNSS FORESHORE PARK

- Suitable for younger children
- Scooter paths, 'Nessy' the monster, rock wall and climbing tree
- Cafes nearby
- Amenities

351 Esplanade, Scarness



THE PINES PLAYGROUND

- Covered Adventure Playground
- Amenities
- Picnic Area
- Adjacent to Beach

cnr Beach Road & Esplanade, Pialba



ARKARRA LAGOONS

- Walking tracks around freshwater lagoons
- Wildlife spotting - turtles and birdlife
- Onsite Tea Garden for breakfast, lunch or coffee - open 7 days

Ph: 07 4128 8069 (Tea Gardens)
28/34 Panorama Drive, Dundowran



ERNIE ORGAN TRAIN PARK

- BBQs, Amenities and water tap
- Extensive Playground
- Large shade trees
- Adjacent to Beach, cafes and shops

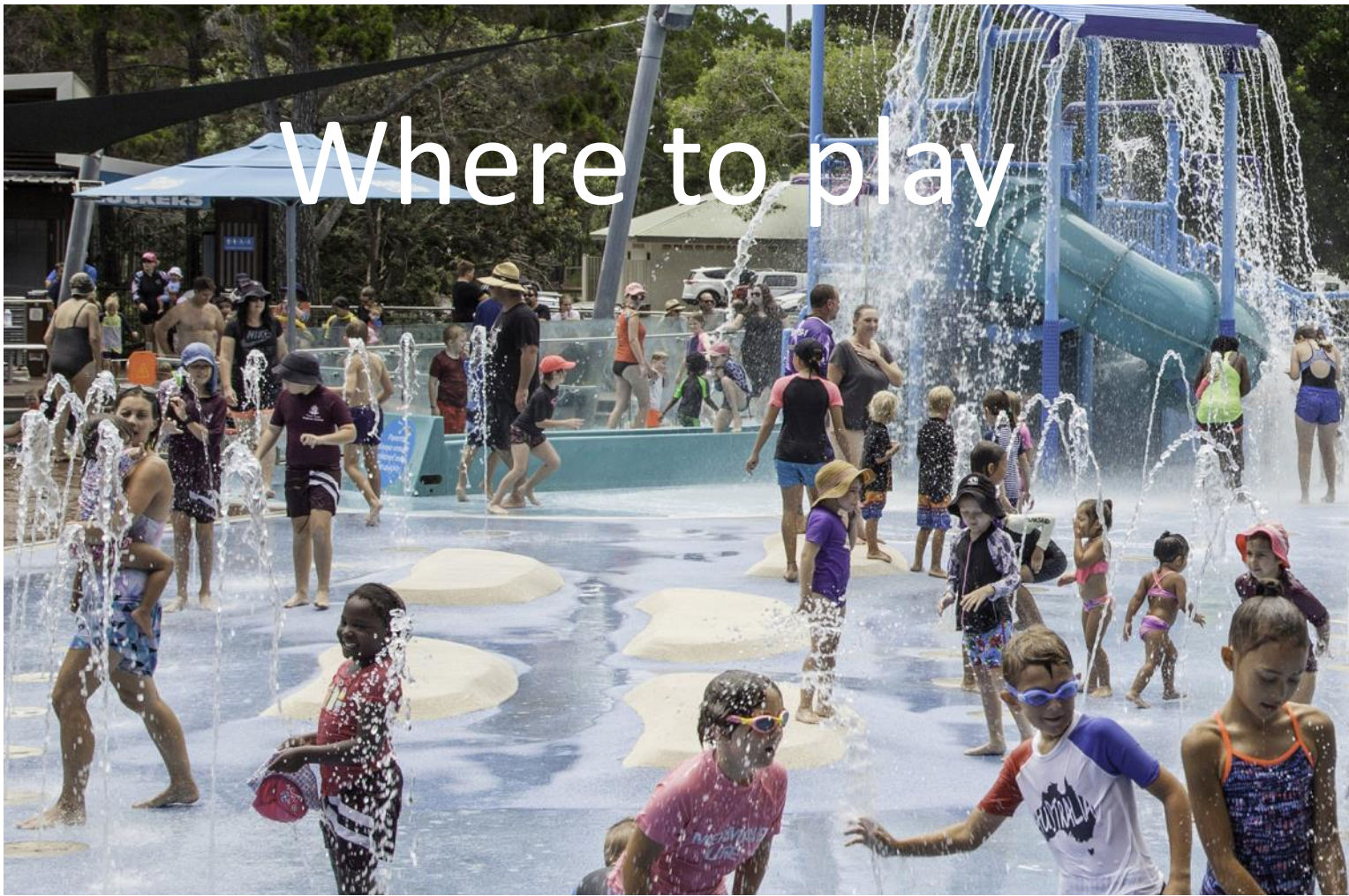
Opposite 431 Esplanade, Torquay



HERVEY BAY BOTANIC GARDENS

- 26 Hectares
- Indigenous and planted gardens
- Chinese Garden
- Orchid House
- Children's outdoor adventure area

Ph: 07 4125 9700
62-105 Elizabeth Street, Urangan



Where to play



WETSIDe WATER PARK

- Beachfront aquatic centre
- Waterslides, Splash Pad
- Wave Machine
- Casual eatery

Ph: 0406 451 472
276 Esplanade, Pialba \$



TIMEZONE HERVEY BAY

- Game Arcade
- Featuring 70+ arcade machines
- Laser Tag Zone
- Easy Parking
- Located behind McDonalds

Ph: 07 3050 0809
6 Central Avenue, Pialba \$



BREAKOUT - THE ROOM

- Themed Escape Rooms
- Using Critical Thinking & Observation Skills
- Solve puzzles, find clues and escape the room within a set time limit

Ph: 0435 961 243 (Must call prior)
78 Main Street, Pialba \$



BIGSCREEN CINEMAS

- Latest Movies
- Comfortable seats
- Onsite Snack Bar

Ph: 07 4124 8200
128 Boat Harbour Drive, Pialba \$



VIRTUAL REALITY HERVEY BAY

- Escape the Everyday and immerse yourself in a virtual world
- Latest games and experience options
- Online bookings available

Ph: 0475 740 771
2/8 Bideford Street, Torquay \$



REEFWORLD AQUARIUM

- Turtles, sharks, crabs and reef fish
- Touch & Feel tank
- Fish feeding
- Located on beach front at bottom of Dayman Park

Ph: 07 4128 9828
crn Kent & Pulgul Streets, Urangan \$



BICYCLE HIRE - AQUAVUE

- Surrey 4 wheel bikes
- 1 or 2 hour options
- Security Deposit required

Ph: 07 4125 5528
415a Esplanade, Torquay

\$



EXPLORE THE LOCAL MARKETS

- 7 & 14 July - Pier Markets, Urangan. Wed & Sat 8am-1pm
- 10 & 17 July - Torquay Markets, Esplanade Torquay. Sat 8am-1pm
- 11 July - Koala Markets, Kruger Court, Urangan. 6am-noon
- 15 July - Maryborough City Heart Markets, Adelaide St, Maryborough. 8am-1pm



HERVEY BAY TEN PIN BOWL & ZONE 3

- Ten Pin Bowling
- Laser Tag
- 7D Cinema
- Indoor Ice Skating
- Open 7 days

Ph: 07 4128 4200
60-62 Boat Harbour Drive, Pialba

\$



HERVEY BAY GOLF CLUB

- 18 hole championship golf course
- Practice area
- Adjoining cPro-shop and Clubhouse

Ph: 07 4128 4249
Cnr Tooth St & Old Maryborough Rd

\$



HERVEY BAY AQUATIC CENTRE

- Pools, slides and play areas for all ages
- BBQ facilities
- Water aerobics and classes available
- Lap Pools

Ph: 07 4197 4703
202/204 Boundary Road, Torquay

\$



BAY CITY ARENA

- Gel Ball centre
- Fun, healthy, family-oriented environment
- Corporate functions or parties
- Booking Essential

Ph: 0484 355 955
229 Maryborough-Hervey Bay Road

Cruise the Esplanade





BICYCLE RENTAL

- Peddle Bicycles
- Electric Bicycles
- Bike trail maps available

Ph: 07 4194 6626
Hervey Bay Rent A Car

\$



ZERO ALPHA PAINTBALL

- Book a session
- Open weekends
- Tailored group packages
- Beside Susan River Horse Riding

Ph: 0427 588 697
Noble Road, Susan River

\$\$



HERVEY BAY HISTORICAL VILLAGE

- Open Weekends
- Working displays
- Over 20 000 exhibit

Ph: 4128 4804
13 Zephyr Street, Scarness

\$



BUTCHULLA CULTURAL TOUR

- Walk in the footsteps of the local Butchulla People and their connection to the region
- Gain an understanding of important gathering places, try bush tucker, traditional medicines
- 90 min walk—moderate fitness required

Ph: 07 4125 6888
Hervey Bay Eco Marine

\$



ANGLER'S DEN

- Rod and Reel hire
- Bucket and Bait
- Fishing advice available

Ph: 07 4128 9582
8 Pier Street, Urangan

\$



MARY VALLEY RATTLER

- Join the historic rail experience on the restored C17 1920 locomotive
- Journeys depart historic Gympie Station Wednesday, Saturday and Sundays
- Stopping at quaint stations or Amamoor or Dagon stations
- Light meals, coffee and cake available

Old Gympie Station,
Tozer Street, Gympie

\$\$



Explore Maryborough



BIRTHPLACE OF MARY POPPINS AUTHOR - PAMELA TRAVERS

- Explore the Story Bank - learn what inspired the author to create the characters
- Shadow Puppet room
- Discover the surprises in the Cabinet of Curiosities
- Take a photo with the statue of the famous nanny
- Following the Magical Mary trail filled with supercalifragalistic inspired artworks



MARYBOROUGH MURAL TRAIL

- Grab our map and follow the Mural Trail
- 36 colourful murals painted on buildings throughout Maryborough
- Learn the history of Maryborough through art
- Take a photo with your favourite piece of street art



GALLIPOLI TO ARMISTICE INTERACTIVE WALK

- History comes alive in this motion sensor, interactive military trail
- Bronze statuary depicting local hero Duncan Chapman, first ANZAC ashore at Gallipoli
- Artifacts from the shores of Gallipoli



BOND STORE MUSEUM

- Discover Maryborough's import export history
- Historic architecture dating back to 1864
- Historic displays and artefacts



PICNIC IN QUEENS PARK

- Historic botanic gardens planted in late 1800s
- River Views
- Banyan Tree with outdoor musical discovery area for children
- Waterfall and lily pond



FAY SMITH WETLANDS

- 10ha of remanent wetlands, woodland or red bloodwood and mahogany trees
- Abundant birdlife
- Well-maintained tracks and boardwalks
- (no amenities)

Looking for Adventure!



JETSKI & KAYAK HIRE - AQUAVUE

- Explore safe, calm waters of Hervey Bay - ½, 1 or 2 hour hire durations
- Stand Up Paddle Boards and Beach Volley Ball available
- Group Discounts available

Aquavue Watersports & FraserJet \$\$



SCENIC FLIGHT

- View Hervey Bay, Moon Point or the lakes of Fraser Island from the air
- Look for Marine life
- Small groups
- Minimum of 2 people required

Air Fraser Island \$\$-



TURTLE DISCOVERY TOUR

- Includes Snorkelling and swimming
- Indigenous Guide
- Light lunch, tropical fruits, tea/coffee
- Glass Bottom Boat tour
- Marine life spotting

Hervey Bay Eco Marine Tours \$\$\$



HORSE RIDING

- Tranquil surrounds
- From novice to experienced riders catered for
- Bush trails to river

Susan River Homestead \$\$-



HELICOPTER TOUR

- 40 min - 1 hour flight
- View the Great Sandy Straits, Pelican Banks and Fraser Island coastline
- View Hervey bay from the air
- Small groups

Great Ocean Helicopters \$\$-\$\$\$



SOUTHERN GREAT BARRIER REEF

- Day trips - daily from Hervey Bay
- Includes scenic flight, glass bottom boat tour, reef walks and all snorkelling equipment, wildlife walks
- Lunch included at Resort

Lady Elliot Island \$\$\$



For Bookings & Information

1800 811 728

tourismhb@visitfrasercoast.com

Fraser Island Tours



K'GARI EXPLORER DAY TOUR

- Lake McKenzie, Central Station
- Eli Creek, Maheno Shipwreck
- Coloured Sands
- Lunch at Eurong Beach Resort
- Free courtesy pick-up

Adults \$259 - Children \$169 (4-14 yrs)



FRASER EXPERIENCE TOUR

- Small Group (17 passengers max)
- Lake McKenzie, Central Station
- Eli Creek, Maheno Shipwreck
- Coloured Sands
- Buffet Lunch at Eurong Beach Resort
- Free courtesy pick-up

Adults \$255 - Children \$175 (4-14yrs)



KINGFISHER DAY AWAY

- Return barge trip to Kingfisher Bay Resort
- Lunch
- Use of Resort facilities
- Transfer to/from Hervey Bay accommodation to barge (\$10 p/p extra)
- Note - Resort Visit ONLY - not Island Tour

Adults \$99 - Children \$69 (4-14 yrs)



MV TASMAN VENTURE REMOTE TOUR

- Experience the remote West Coast of Fraser Island - explore ancient dunes and secluded beaches
- Guided kayaking, snorkelling, inflatable rides on calm waters
- Includes Lunch, morning & afternoon tea
- Maximum 20 passengers

**Adults \$205 - Children \$130 (4-14yrs)
Family \$585 (2Ad, 2Ch)**



AIR FRASER FLY/DRIVE

- Scenic Flight transfer landing on Seventy-Five Mile Beach
- Includes late-model automatic 4WD to explore Fraser Island
- All Permits included
- Bring your own picnic lunch or visit one of the many island options

From \$350 per person



SELF-DRIVE OPTIONS

- 4WD vehicle hire available - starting at \$515 per day
- Barges depart River Heads (Hervey Bay) daily
- National Park Permits available at Visitor Information Centre

Whale Watching Tours



Half Day Tours



MV OCEAN DEFENDER

- 3 Hour tour
- Departs 7.00am, 11.00am, 2.30pm
- Small group eco-tour with water-level views (maximum 20 passengers)
- Underwater Hydrophones
- Onboard commentary from certified Marine Naturalist

\$\$



MV QUICK CAT II

- Departs 7.00am - Returns 12.30pm
- Departs 1.00pm - Returns 5.00pm
- Hydrophone - Disability/Pram Access
- Morning Tea - Live DVD of your Trip (\$25)
- *Whale Swim extra cost - Conditions apply*
- Courtesy pick-up
- Fraser Island drop-off available

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MV TASMAN VENTURE

- Departs 8.30am - Returns 12.30pm
- Departs 1.30pm - Returns 5.30pm
- Hydrophone
- Partial Disability/Pram Access
- Morning/Afternoon Tea
- Underwater viewing
- Free DVD
- Courtesy pick-up

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MV AMAROO

- Departs 8.30am - Returns 12.30pm
- Departs 1.30pm - Returns 5.30pm
- Hydrophone - Underwater Camera
- Pram friendly
- Morning/ Afternoon Tea
- Whale Researchers onboard

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MV WHALESONG

- Departs 8.00am - Returns 1.00pm
- * Morning Tea & Buffet Lunch
- Afternoon Sunset Whale Watch
- * Departs 2.00pm - Returns 6.00pm
- * Subway and Fruit Platter
- Hydrophone and Disabled/Pram Access
- Teen/Student & Senior Concessions
- Free Transfers

\$\$\$



For Bookings & Information

1800 811 728

tourismhb@visitfrasercoast.com



mid-July to mid-November

Three-Quarter Day Tours



MV BLUE DOLPHIN

- Departs 7.30am - Returns 3.30pm
- Hydrophone to hear whales sing
- Morning/Afternoon Tea
- Buffet Lunch with wine
- ECO Friendly - Free Transfers
- Whale immersive platform for viewing whales underwater, at no extra cost

\$\$\$



MV SPIRIT OF HERVEY BAY

- Departs 8.30am - Returns 2.00pm
- Hydrophone - Free Transfers
- Underwater viewing
- 6 viewing decks over 5 levels
- Morning Tea & Buffet Lunch
- Free DVD - Free Wi-Fi

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REMOTE FRASER ISLAND/WHALE ENCOUNTERS

- Be on the lookout for Humpback whales and experience the thrill of close encounters
- Experience the remote West Coast of Fraser Island
- Guided kayaking and snorkelling in calm waters
- Explore ancient dunes and be the first person to leave a footprint on secluded beaches
- Includes Lunch, morning and afternoon tea
- Maximum 20 passengers

\$\$\$



MV FREEDOM III

- Departs 9.30am - Returns 3.30pm
- 3 levels of viewing
- Hydrophone
- Full Buffet Lunch, Morning/Afternoon Tea
- Teen /Student & Seniors Concessions
- Licenced Bar - Free Transfers

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MV ARCADIA

- Departs 9.30am - Returns 3.30pm
- Morning Tea, Lunch and Afternoon Tea
- Low passenger numbers
- Opportunity to swim with the whales
- Wet suits and Snorkelling gear provided
- Expert Dive crew onboard

\$\$\$



Thank You

for visiting the

Fraser Coast

Come Back Soon

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