



Presents

A Safe Space: Doctors for Doctors' Wellbeing

The AMA ACT invites you to a day of discussion, lectures and a safe space to share, learn and reflect on your experience as a doctor or medical student

 Saturday, 25 June 2022

 9.30am – 4.30pm

 AMA Office, Level 1
39 Brisbane Ave, Barton ACT

*In-person encouraged but
online option available*

 Free for members and non-members

 Morning tea, lunch provided

**Registration Essential,
Register Now:**

tinyurl.com/mruh65z9



Sessions include:



Dr Walter Abhayaratna
AMA ACT President

Dr Antonio Di Dio
Past AMA ACT President

Dr Kerrie Aust
AMA ACT President Elect



“A time when I struggled”

Our most popular session last year! Small breakout groups facilitated by 1 or 2 senior clinicians who will share times when they have made mistakes or struggled and then open the session for all to contribute.



Dr Steve Robson



Nesh Nikolic
Strategic Psychology

Psychology behind Imposter Syndrome: In Conversation with Dr Steve Robson

In 2018, Steve Robson's article on his struggle with mental health as a junior doctor went viral. In conversation with Nesh, Steve will reflect on what he wish he'd known and his hopes for junior doctors now.



Harry McCay
Avant Mutual



Tom Miller
MinterEllison

How to manage patient complaints

What should you do if a patient says they will complain to the hospital or report you to APHRA? What is the process of an APHRA notification? Tom and Harry will take us through common medico-legal scenarios and impart some practical advice.

+ More

- **Strategies for maintaining your health at work in an understaffed environment**
- **Doctor Wellbeing and Professional Fulfilment** by Dr Chandi Perera
- **Doctors' Health Advisory Service ACT Launch**

 Strategic Psychology

 Avant mutual
by doctors for doctors

MinterEllison