

General Practice Nurse 2021

February 2021

Introduction

General Practice Nurses (GPN) are defined as registered or enrolled nurses engaged to work within a general practice setting as a member of a general practice team. There are over 14,000 nurses working within general practice in Australia, with more than 63 per cent of general practices employing at least one practice nurse.¹

General practice nursing may cover many areas of health care, including lifestyle education, aged care, chronic disease management, immunisation, mental health, maternal and child health, population health, wound management, and Indigenous health.

General practice nurses work within a supervised and well supported environment, with the general practitioner retaining overall responsibility for the care of patients, delegating work as appropriate.

General Practice Nurses make a valuable contribution to the profession of general practice and, while their role is complementary to that of the general practitioner, it is integral and adds value to the delivery of primary health care services in the general practice setting.

Within a practice, a positive and constructive relationship with general practitioners, based on mutual professional respect, establishes a GPN as an indispensable member of the health care and administration team.

The aim of General Practitioners is to achieve the best health outcomes for their patient. Engagement of GPNs as part of the general practice team enables a shared and collaborative responsibility to achieve this outcome.

The AMA acknowledges that professional development, including education and training, is the remit of appropriate professional nursing bodies. However, these nursing bodies must seek input from the bodies responsible for education and standards for general practice in the development of the curriculum for GPN training and advancement.

¹ Australian Primary Health Care Nurses Association (APNA)

The role of the GPN will vary according to the specific needs of the practice, the qualifications and specific skills of the GPN, and the needs of the local community that the practice serves.

The establishment of clear and agreed practice protocols and communication systems, particularly those related to clinical care, must form the basis for the role of the GPN within the practice.

Special circumstances often give rise to a broader clinical role for some GPNs in some practices. It is vitally important as part of good clinical governance, that in such situations there are well documented practice policies and procedures defining scope of practice for the GPN.

In developing practice protocols the AMA suggests that these might be devised under four key headings:

- Clinical care – activities relating to clinical procedures and activities.
- Clinical organisation – activities relating to management, coordination and administration of clinical activities (including practice systems and risk management processes).
- Practice administration – providing administrative support to the practice as a business.
- Integration – assisting the practice to develop effective communication channels within the practice and between the practice and external bodies and individuals, including the integration of digital health technologies.

AMA Position

- General Practice Nurses are a valuable part of general practice and an integral member of the general practice team.
- The role of the General Practice Nurse is complementary to that of the general practitioner and general practice services.
- General Practice Nurses do not substitute for general practitioners.
- The responsibility of the General Practice Nurse is to assist the practice to achieve best practice in patient care. It is thus essential that the role of the General Practice Nurse is clearly established within the practice.
- General Practice Nurses must not work independently of general practitioners.
- The development of specific practice protocols outlining the role of the General Practice Nurse must be developed in consultation with the General Practice Nurse. Such protocols should be documented and in particular outline clinical care roles and responsibilities of the General Practice Nurse, required skills and qualifications to undertake specific roles.
- The role of each General Practice Nurse will vary according to the specific needs of the practice and the community it serves.

- The clinical roles of the General Practice Nurse may only be undertaken under the direction of the general practitioner in accordance with documented and agreed practice protocols and where the General Practice Nurse is appropriately skilled and trained to undertake specific tasks.
- The role of the General Practice Nurse must not include:
 - Medical diagnosis
 - Referring patients to specialists
 - Independent ordering of pathology or radiology
 - Prescribing medication and issuing repeat prescriptions.